When the most pure Mother and Ever-Virgin Mary’s forty days of purification had been fulfilled, she took her first-born Son to Jerusalem on this, the fortieth day after His birth, that she might present Him in the temple according to the Law of Moses, which teaches that every first-born male child be dedicated to God, and also that she might offer the sacrifice of a pair of turtle-doves or two young pigeons, as required by the Law (Luke 2:22-24; Exod. 13:2; Lev. 12:6-8). On this same day, a just and devout man, the greatly aged Symeon, was also present in the temple, being guided by the Holy Spirit. For a long time, this man had been awaiting the salvation of God, and he had been informed by divine revelation that he would not die until he beheld the Lord’s Christ. Thus, when he beheld Him at that time and took Him up into his aged arms, he gave glory to God, singing: "Now lettest Thou Thy servant depart in peace, O Master. . ." And he confessed that he would close his eyes joyfully, since he had seen the Light of revelation for the nations and the Glory of Israel (Luke 2:25-32). From ancient times, the Holy Church has retained this tradition of the churching of the mother and new-born child on the fortieth day and of the reading of prayers of purification.
Rev. Philip Armstrong, Proistamenos

Church Office Hours:
Monday-Friday
9:30 am – 3:30 pm
Closed for Lunch
12:00 pm – 1:00 pm

Sunday Worship
8:30 am-Orthros
9:30 am-Divine Liturgy
10:40 am – Sunday School

Weekly Bulletin Deadline
Wednesday, one week prior to publication.

Spirit Deadline
Please note that the deadline for submission of articles or for the Spirit is the 20th of each month for inclusion in the following month’s issue. Please remember all submissions are subject to approval. Also, please help us ensure the accuracy of your material by submitting everything in a Word document or email with pictures attached in JPG form.

Bookstore Hours
Sundays following Liturgy
(in the upstairs room adjacent to choir loft)

Church E-mail Addresses
Fr. Phil: skcpriest@yahoo.com
Office: office@st-katherine.org
Church Office Administration– Marjie Thorpe
Spirit Editor– Frances Katsiris
Spiritatstkg@gmail.com
Stewardship – Gary Boyce

Parish Council

<table>
<thead>
<tr>
<th>Members:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fran Attwood</td>
</tr>
<tr>
<td>Josephine Avaneas</td>
</tr>
<tr>
<td>Zoi Benton</td>
</tr>
<tr>
<td>Vicki Lampropoulos (Vasiliki)</td>
</tr>
<tr>
<td>Thomas Morden</td>
</tr>
</tbody>
</table>

<table>
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<tr>
<th>Officers:</th>
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</thead>
<tbody>
<tr>
<td>President—Demetrios Deliz</td>
</tr>
<tr>
<td>1st Vice President - Evangelia Archuleta</td>
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</tr>
<tr>
<td>Treasurer—Eric Amazeen</td>
</tr>
<tr>
<td>Assistant Treasurer—Marina Ambus</td>
</tr>
</tbody>
</table>

Church Ministries

Altar Boys…………………Andre Gib
Bookstore.. Michael & Chryss Danielek
Dance Groups…………Lisa Bafaloukos
Greek School…..Georgina Tsangaridou
GOYA………………Nick & Lisa Bafaloukos
JOY/HOPE……………Fr. Phil Armstrong
Philoptochos…………….Linda Blazev
Sunday School………….. Fran Attwood
Youth Choir……………Alexandra Fardelos
YAL…………………..Stephanie Venetis

Church Organizations

AHEPA …………………..Jim DeDakis
Daughters of Penelope…Georgia Souris
Greek Festival…………..Vange Archuleta
Hrisi Parea………………Linda Kotsakis
Hall Rental……………..Vange Archuleta

Websites of Interest

Greek Archdiocese of America:
www.goarch.org
Metropolis of San Francisco:
http://sanfran.goarch.org/
To request a memorial or house blessing please complete the form on the table in the narthex and return it to the office.

To schedule a wedding, 40 day blessing or baptism please contact the church office.

Various forms, stewardship pledge forms and information pamphlets should be available on the table in the Narthex.

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**SACRAMENTS AND OTHER SERVICES**

**HOLY MATROMOMY**

December 31, 2017  
Joseph Daniel Olivares and Marianna Leros  
Koumbaroi: Vincent King & Linsey Moen

**MEMORIALS**

January 15, 2018  
Napoleon Avaneas  10 year Memorial

January 21, 2018  
Nick Anapolis  5 Year Memorial

---

**Notes of Interest:**

The Parish Directories have been delivered. If you had your photo taken you may pick up your complimentary copy in the office. If you would like to purchase a copy of the directory they are available for $5.00 in the office.

Lost and Found: Look for an area in the community Center to claim any lost items!

---

**Please Help Us communicate effectively!**

We need to know how **YOU** prefer to receive the Spirit

- [ ] Read on line the first week of each month
- [ ] Pick up in the Narthex when you come in Church
- [ ] Mail to your home address: For Postal delivery please complete this form and return to the church office:

  Name_____________________________________________________
  Address___________________________________________________
  Email _____________________________________________________
MESSAGE FROM FATHER

“God’s Personal Theophany’s in Our Lives”

“Our Homes are Intended to be Mini-Churches”

In the time we live in we have become accustomed to delegating or paying others to perform the necessary tasks of life for us. We hire landscapers to keep our lawns, trees and shrubs presentable and pristine. We enroll our kids in martial arts academies, sports teams, music lessons and specialized areas of interest. We service our cars at service shops we have come to trust. We delegate our health care to our family doctors and their staff. We also do the same with church. Yes, we delegate to the church the entirety of our children’s spiritual formation.

It is this last point to which I would like to speak. It is a mistake to think that the church could possibly provide all that a child needs spiritually on a Sunday morning and through its youth programs. The hours spent in Sunday worship and church-related activities are only a drop in the bucket compared to the time they spend away from these activities. I don’t want to diminish the importance of attending the Sunday and feast day Divine Liturgies and other church-related activities; they are helpful. But, they can’t possibly satisfy all of a child’s spiritual needs.

The key component of a child’s spiritual formation is the HOME! In Orthodox theology, the home is considered an “ecclesiaki” or a mini-church. The father and mother are considered the king and queen of this miniature Kingdom of God in their home. Is not the Church the Kingdom of God on earth! And if the home a mini-church, so is it a mini Kingdom of God? Yes!

Psychiatrists and psychologists know that a child’s first perception of who God is comes through its perception of its father and mother. The child sees them as god-like figures. This perception is validated in Orthodox theology. Each of us is considered an icon of Christ for we are made in God’s Image (Gen. 2). Parents who cultivate holiness and the virtues in their own persons are powerful role models to their children. They make an indelible impression of them. You see our children, inwardly, want to be like us. This is why they imitate us.

What is a spiritually healthy home? This is the home in which children see their parents pray. It is where families pray together. A prayer of blessing at family meals is a common phenomenon. The ordered daily readings from the Holy Scriptures takes place. Children are afforded their own personal Orthodox Study Bibles. Those who have special apps on their cell phones may access these readings there. At Family meals, the father and mother encourage and conduct spiritual discussions. Spiritual books from the church that are purchased will stir their children’s spiritual interests. In such homes parents tell stories from the lives of the saints. The children are encouraged to read them. They will view these special holy persons as heroes of the faith.
In this type of home the Church’s fast is observed and the feast days and holy periods are discussed. Children are taught to be charitable through their parent’s examples. They learn humility and forgiveness through their parent’s examples of humbly asking their children to forgive them if they have been too harsh or set a bad example. These are the characteristics of a spiritual home.

Strong spiritual homes are especially needed today to counter the “counter culture” that exists outside of the home. The modern culture we live in is self-centered, on a course of self-destruction, and lacking a moral compass. It marginalizes the Christian Faith and its expression. Under the deceptive guise of religious toleration, we are forced to not acknowledge Christmas or discuss historical biblical personalities in history. It will attempt to teach our kids a different morality. Only strong spiritual homes have a chance to save our children from this dark delusion.

In closing, let us be mindful that the home is an extension of the Church. It is in the home, where spiritual formation occurs. Let us make our homes bastions of spirituality and holiness.

In Christ,

† Fr. Phil

St. Katherine Greek Orthodox Church
2716 N. Dobson Road
Chandler, Arizona 85224
480 899-3330

Name: ____________________________________________________
Phone #: __________________________________________________
Address: __________________________________________________
Nearest Major Intersection: _________________________________

To assist Fr. Phil in scheduling his visit, please check the time(s) you are most likely available:

_____ Anytime _____ Daytime _____ Evening  Weekend____

Please complete this form and return it to the Church Office or place it in the Narthex tray.
From the Desk of our Parish Council President—Demetrios Deliz

Just a few pictures from the 2018 Clergy Laity
On January 6th, after the liturgy, Father Phil and representatives from liturgical support, Parish Council, Philoptochos, Sunday School staff and children, and Parents moved to our new Sunday School headquarters and meeting building. Father Phil performed the blessing of the New Year and thus commemorating this building in the name of St. Nicholas.
The Holy Orthodox Church is perhaps one of the last social institutions where dignity, protocol, respect, and reverence are maintained. This is primarily because when we come to the Church and its services we are entering the Kingdom of God on earth, His habitation, and we choose to honor this sacred place by our attentiveness to what is proper and ordered. We have the opportunity to reflect the image of Christ within us by our actions.

Over the next few months we will try to provide some insights by answering some questions that are frequently asked:

*Standing in Church*
It is the custom of some Orthodox Christians to stand throughout the Divine Liturgy, as well as during other services. If you choose to stand in a church that has pews, please do so near the back or sides so that the view of the altar is not blocked for those who are seated. If you are accustomed to sitting during the Divine Liturgy, remember to stand at these times: when the Liturgy begins and the priest gives the blessing; during the Little and Great Entrances; when the priest is censing the icons and congregation; during the Gospel reading; at the Anaphora; for Holy Communion; and at the final Blessing. Whenever a hierarch is visiting the parish, out of respect follow his example and stand and sit when he does.

*Lighting of Candles*
It is a pious Orthodox tradition to light candles for personal petitions and intercessions when entering the church. Most parishes have designated candle stands or holders for these candles. It is not proper to light candles at certain times during the service—generally the same times when you should not enter the church, such as during the Little and Great Entrances, when the priest is censing the icons and congregation or giving the homily, or during the reading of the Epistle or Gospel. The candles should be allowed to burn all the way down without being extinguished early, since the burning candle symbolizes our prayers rising to heaven and the light of Christ in our midst. Please do not allow young children to light candles alone, for safety reasons. It is customary to make a donation for each candle.

*Venerating Icons*
The Orthodox Church teaches that it is proper to venerate, not worship, icons. The acceptable way to do this is to kiss either the hands or feet of the saint depicted in the icon, or the scroll, the Gospel book, or the hand cross a saint is holding. Please do not wear lipstick when kissing the icons since the residue will ruin them.

Please welcome our 2018 Parish Council!

### Officers:
- President—Demetrios Deliz
- 1st Vice President - Evangelia Archuleta
- 2nd Vice President - Athena Light
- Secretary - Todd Wright
- Treasurer—Eric Amazeen
- Assistant Treasurer– Marina Ambus

### Members:
- Fran Attwood
- Josephine Avaneas
- Zoi Benton
- Vicki (Vasiliki) Lampropoulos
- Thomas Morden
DATES TO REMEMBER

2018
February 2nd: Presentation of Our Lord in the Temple
February 10th: Saturday of the Souls, Divine Liturgy 9:30 am
February 17th: Saturday of the Souls, Divine Liturgy 9:30 am
February 17th: Philoptochos Lenten Retreat
February 19th: Lent begins for Pascha
February 24th: Saturday of the Souls, Divine Liturgy 9:30 am
February 25th: Sunday of Orthodoxy
March 3rd: Philoptochos yearly Lenten Pilgrimage to St Paisius Monastery
March 25th: Annunciation, Greek Independence Day
March 31st: Saturday of Lazarus
April 1st: Palm Sunday
April 6th: Holy Friday
April 8th: Holy Pascha
April 21st: Agape Ball
May 17th: Ascension
May 20th: Last Day of Sunday School and Graduation Ceremony
May 27th: Pentecost
May 28th: Memorial Day-Church Office Closed
June 3rd: All Saints

!!!Attention Students!!!

As Orthodox students we want you to be aware of scholarships available to you! High School Seniors going into college and college students, through your junior year, are eligible for these scholarships.

The Arizona Hellenic Foundation has several scholarships available for qualified students. Please check on their website for applications and specific eligibility requirements “azhellenic.org”.

Just a note: Applications must be mailed by April 1, 2018.
St. Irene Philoptochos

To Keep in Touch with our St. Irene Philoptochos
*by email: saint.irene.philoptochos@gmail.com
*on Facebook: Saint Irene Philoptochos
*on Instagram: st.irene.philoptochos

Philoptochos is the philanthropic heart of the Greek Orthodox Archdiocese and one of the largest Christian women’s philanthropic organizations in the United States. We are a Society of spiritually faithful Christians united in love and service to others.

Our chapter’s name is St. Irene Philoptochos. Within St. Irene we have a group of young mothers with young children called the Agape Group. We have provided this privilege to this group for the purpose of allowing busy mothers with small children to be active and teach their children the importance of charitable acts and giving to those in need. Philoptochos, as a whole, has taken on numerous projects for the good of our Parish and our local community and participates in National Projects & Metropolis Projects also. We are able to grow and expand in our activities because the women of our parish have heeded the call. However: We Need You! Women of the Greek Orthodox Faith who are at least 18 years of age are eligible for full membership in the organization. Men* and non-Orthodox Christian women may be associate members. If you are interested please contact the St. Katherine Church Office or speak with any member about joining. Visit our Facebook Page: Saint Irene Philoptochos. *Men, please remember you don’t need to be a member in order to help us with our projects, and we do appreciate any help we get!

Upcoming Events:

Sunday February 4th Go Red Sunday
Wear red to church and remember to take care of your heart health.

Sunday February 11th – our annual Communi-tea Fellowship Hour is a Complimentary Luncheon to thank our St. Katherine parishioners for the generous support of the philanthropic projects you support throughout the year. We will highlight some of our past year projects so you will have a greater understanding of the work Philoptochos does. We also will be taking memberships from new and continuing members. We hope you can join us!

Saturday February 17th – Philoptochos is sponsoring a FREE Lenten retreat. Everyone is invited. Topic: Transforming Wounds into Wisdom. Come for a wonderful time of learning, fellowship and lunch! We do need to know if you are coming to better plan lunch. You can sign up by calling the church office.

Sunday March 18th – Our March meeting after Liturgy. A joint meeting with the Agape Group.

Lenten bus trip to St. Paisius Monastery - has been scheduled for March 3rd

Agape Ball - April 21st - Annual fundraiser for the Kids’n Cancer Cape Agape!

June 8 – 11, Kids’n Cancer Camp Agape Arizona - our annual camp for families of children with cancer held in Mayer, Arizona on the property of the Orme School. More information will be coming!
St. Irene Philoptochos

Invites you to join us for our

Annual Lenten Trip

to

ST. PAISIUS MONASTERY

Safford, Arizona

Saturday, March 3, 2018

Bus Departs from

St. Katherine Community Center
2716 N. Dobson Road Chandler, AZ 85224

Depart: 7:00 AM        Return: 6:00 PM

We will join the nuns for Paraklesis and lunch, with time to tour the grounds, enjoy the serenity of the Monastery and visit with the nuns.

Cost: $25.00 per person

$10.00 Youth (12 & under)

(Payment is required when you make your reservation, in order to hold the space.)

For Reservations and More Information Contact:
The Church office 480-899-3330
Or E-mail saint.irene.philoptochos@gmail.com

Please join us for a spiritual journey during the Lenten season.
## OUR JOURNEY TO PASCHA! 2018

<table>
<thead>
<tr>
<th>SUNDAYS</th>
<th>THEMES / GOSPEL READING</th>
<th>HOW TO PARTICIPATE:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fast - Free Week</td>
<td><strong>JANUARY 28th</strong></td>
<td><strong>PUBLICAN AND THE PHARISEE</strong></td>
</tr>
<tr>
<td><em>Reading:</em></td>
<td>2 Timothy 3: 10-15</td>
<td>Trust in God, not yourself! Ask for His help before every task this week!</td>
</tr>
<tr>
<td><em>Gospel:</em></td>
<td>Luke 18: 10-14</td>
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</tr>
<tr>
<td>Normal Fast Week</td>
<td><strong>FEBRUARY 4th</strong></td>
<td><strong>THE PRODIGAL SON RETURNS!</strong></td>
</tr>
<tr>
<td><em>Reading:</em></td>
<td>1 Corinthians 6: 12-20</td>
<td>Schedule a Confession. Use up/freeze meats this week.</td>
</tr>
<tr>
<td>Meatfare</td>
<td><strong>FEBRUARY 11th</strong></td>
<td><strong>THE LAST JUDGMENT</strong></td>
</tr>
<tr>
<td><em>Reading:</em></td>
<td>1 Corinthians 8: 8-9: 2</td>
<td>Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.</td>
</tr>
<tr>
<td><em>Gospel:</em></td>
<td>Matthew 25: 31-46</td>
<td></td>
</tr>
<tr>
<td>Cheesefare</td>
<td><strong>FEBRUARY 18th</strong></td>
<td><strong>ADAM AND EVE ARE CAST FROM PARADISE! FAVOR OF GOD SUNDAY</strong></td>
</tr>
<tr>
<td><em>Reading:</em></td>
<td>Romans 13: 11-14:4</td>
<td>Ask each other for forgiveness each evening this week before bed.</td>
</tr>
<tr>
<td><em>Gospel:</em></td>
<td>Matthew 6: 14-21</td>
<td></td>
</tr>
<tr>
<td>1st Sunday of Lent</td>
<td><strong>FEBRUARY 25th</strong></td>
<td><strong>SUNDAY OF ORTHODOXY</strong></td>
</tr>
<tr>
<td><em>Reading:</em></td>
<td>Hebrews 11: 24-26, 32-12:2</td>
<td>Bring an icon to church for a procession.</td>
</tr>
<tr>
<td><em>Gospel:</em></td>
<td>John 1: 43-51</td>
<td></td>
</tr>
<tr>
<td>2nd Sunday of Lent</td>
<td><strong>MARCH 4th</strong></td>
<td><strong>ST GREGORY PALAMAS</strong></td>
</tr>
<tr>
<td><em>Reading:</em></td>
<td>Hebrews 1: 10-2:3</td>
<td>Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.</td>
</tr>
<tr>
<td><em>Gospel:</em></td>
<td>Mark 2: 1-12</td>
<td></td>
</tr>
<tr>
<td>3rd Sunday of Lent</td>
<td><strong>MARCH 11th</strong></td>
<td><strong>VENERATION OF THE HOLY CROSS</strong></td>
</tr>
<tr>
<td><em>Reading:</em></td>
<td>Hebrews 4: 14-5: 6</td>
<td>Wear your cross to church and kiss the cross each morning with a bowl.</td>
</tr>
<tr>
<td><em>Gospel:</em></td>
<td>Mark 8: 34-9: 1</td>
<td></td>
</tr>
<tr>
<td>4th Sunday of Lent</td>
<td><strong>MARCH 18th</strong></td>
<td><strong>ST JOHN OF THE LADDER</strong></td>
</tr>
<tr>
<td><em>Reading:</em></td>
<td>Hebrews 6: 13-20</td>
<td>Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!</td>
</tr>
<tr>
<td><em>Gospel:</em></td>
<td>Mark 9: 17-31</td>
<td></td>
</tr>
<tr>
<td>5th Sunday of Lent</td>
<td><strong>MARCH 25th</strong></td>
<td><strong>ST MARY OF EGYPT</strong></td>
</tr>
<tr>
<td><em>Reading:</em></td>
<td>Hebrews 9: 11-14 &amp; Heb 2: 11-18</td>
<td>Ask the Theotokos to offer you and the world pure thoughts and ideas this week.</td>
</tr>
<tr>
<td><em>Gospel:</em></td>
<td>Mark 10: 32-45 &amp; Lk 1: 24-38</td>
<td></td>
</tr>
<tr>
<td>FLOWERY (PALM) SUNDAY!</td>
<td><strong>APRIL 1ST</strong></td>
<td><strong>ENTRY OF OUR LORD INTO JERUSALEM</strong></td>
</tr>
<tr>
<td><em>Reading:</em></td>
<td>Philippians 4: 4-9</td>
<td>Place your palm branches and pussywillows behind an icon at home and in your car!</td>
</tr>
<tr>
<td><em>Gospel:</em></td>
<td>John 12: 1-18</td>
<td></td>
</tr>
<tr>
<td>GREAT AND HOLY FRIDAY</td>
<td><strong>APRIL 6TH</strong></td>
<td><strong>GREAT AND HOLY FRIDAY JESUS DIES ON THE CROSS</strong></td>
</tr>
<tr>
<td>CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE</td>
<td><strong>FEAST OF FEASTS!</strong></td>
<td><strong>HOLY PASCHA! (CHRIST IS RISEN!)</strong></td>
</tr>
<tr>
<td><em>Epistle:</em></td>
<td>Acts 1: 1-8</td>
<td>Greet everyone with “CHRIST IS RISEN!” &amp; say it before good morning and goodnight!</td>
</tr>
<tr>
<td><em>Gospel:</em></td>
<td>John 1: 1-17</td>
<td></td>
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</tbody>
</table>
Fasting, reflection, participation & family involvement...the critical elements which are central to our Faith as we move into the Holiest time of our Orthodox cycle of life.

Assisting Parishioners through their Lenten journey and spiritual renewal, the bookstore has several books and Icons on display this month as we prepare our hearts and minds for Pascha.

There are books to help with fasting, specific Church Services, Holy Week Easter Service Books, Lenten Cookbooks, Lenten and Easter Icons, prayer and children’s books for helping our children understand Great Lent.

**ICON's**

Palm Sunday  Ladder of Divine Ascent  Crucifixion  Resurrection

Other Religious Items: Pascha Cards, Pendent Crosses (sterling silver, gold plated, enamel, wooden), Standing Crosses, Pocket Prayer Cards, Pocket ICON’s, ICON Magnets, Guardian Nightlights, Incense, Charcoal and Incense Burners, Prayer Beads & Ropes, Prayer Bracelets, Book Markers.

**Kali Sarakosti!** (Have a good 40-day lent) \( \text{Κάλν Σαρακοστί!} \)
**JOY/HOPE**

Children ages 5-12 are invited to our JOY/HOPE group which is held on the first Wednesday of each month September through May from 4:15 to 5:45.

This is a wonderful opportunity for our children to strengthen their friendships and their faith. The children are grouped by age: 5-7 year olds and 8-12 year olds.

While Fr. Phil meets with one group in the church teaching them about saints, feast days, Bible stories and many other related topics, the other group has time to play together, socialize and enjoy a complimentary meal together under parental supervision in the Community Center.

**Mark your calendar- our next meeting will be on January 3rd. Please join us! Parents are always invited and welcome to stay for the program and meal.**

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**2017-2018 Sunday School Schedule**

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>February 4</td>
<td>Sunday school</td>
</tr>
<tr>
<td>February 11</td>
<td>Sunday school</td>
</tr>
<tr>
<td>February 18</td>
<td>Sunday school</td>
</tr>
<tr>
<td>February 25</td>
<td><strong>Sunday of Orthodoxy</strong> (Icon Sunday) - Bring Icon</td>
</tr>
<tr>
<td>March 4</td>
<td>Sunday school</td>
</tr>
<tr>
<td>March 11</td>
<td>Sunday school</td>
</tr>
<tr>
<td>March 18</td>
<td>Sunday school</td>
</tr>
<tr>
<td>March 25</td>
<td>Sunday school</td>
</tr>
<tr>
<td>April 1</td>
<td><strong>Palm Sunday</strong> - No classes</td>
</tr>
<tr>
<td>April 8</td>
<td><strong>PASCHA</strong> - No classes</td>
</tr>
<tr>
<td>April 15</td>
<td>Sunday school</td>
</tr>
<tr>
<td>April 22</td>
<td>Sunday school</td>
</tr>
<tr>
<td>April 29</td>
<td>Sunday school</td>
</tr>
<tr>
<td>May 6</td>
<td>Sunday school</td>
</tr>
<tr>
<td>May 13</td>
<td>Sunday school</td>
</tr>
<tr>
<td>May 20</td>
<td>End of Year Ceremony and Celebration</td>
</tr>
</tbody>
</table>
Aegina Chapter #340 of the Daughters of Penelope started off the New Year with our January 15th meeting and discussed new service projects and fundraisers for 2018. Look for our first delicious offering on February 4th!

Our Mid-Winter District Conference was January 27th in San Bernardino, California & several of our members were able to attend. Upcoming conventions: The Western Regional District Convention will be held June 21st-24th in Reno, Nevada. Our National Convention is the week of July 22nd in Atlantic City, NJ.

Internationally, the Daughters of Penelope welcomed a new chapter in Brussels, Belgium!

The objectives of the Daughters of Penelope are to promote Hellenism, Education, Philanthropy, Civic Responsibility, and Family & Individual Excellence. The Daughters of Penelope is open to all Christian women.

The Aegina Chapter #340 of the Daughters of Penelope usually meets on the 3rd Monday of the month at 7pm from September to June. Our next meeting is February 19, 2018.

If you would like more information or are interested in joining, please contact Stacey Grieb (480) 227-3061 or Georgia Souris (480) 813-9031.

For info on Daughters of Penelope visit the national website daughtersofpenelope.org.

Find us on Facebook! Daughters of Penelope Chapter 340
Philoptochos January Vasilopita cutting and Sale.

Thank you to Father Phil and Father Dimitri for your blessings!

Each year our Philoptochos members bake Vasilopita to celebrate the tradition of cutting the bread and sharing its blessings in our Church community!

Vasilopita is also made and wrapped to be sold and the funds received are sent to St Basils Academy.
Children’s Coloring & Activity Page: Lent begins February 19th

Η Κυρια Σαρακοστη

No mouth has she, she neither talks nor eats. She has no ears, she does not hear gossip or idle speech. Upon her apron her crossed hands rest. All day Christ she entreats. And 7 feet, no more, no less, has she to count the weeks.

Each Saturday of Lent we cut away one of her 7 feet. The last one we hide and the person who finds it receives special blessings!
The Assumption-St Katherine dancers at The Annual FDF weekend in California over the Martin Luther Holiday weekend.

Look for more information in next month's issue of the Spirit!

Congratulations for winning the coral competition, more details to follow!
Recipe for Koliva
Wheat Grain for Greek Memorial Service

Koliva is made for funeral and memorial services and distributed to those in attendance. Koliva is made primarily of wheat, which is symbolic of life and regeneration. Like wheat, people are buried in order to have a new life.

Koliva Ingredients:
- 4 cups wheat grain, shelled
- 1 1/2 cups walnuts, coarsely chopped
- 1 1/2 cups blanched almonds, lightly toasted
- 3/4 cup golden raisins
- 2 cups finely ground Zweiback, graham crackers
- 2 cups powdered sugar
- 1 tablespoon cinnamon
- 1/2 teaspoon nutmeg
- 1/4 - 1/2 cup finely chopped parsley
- 1/2 cup sesame seeds lightly toasted (optional)
- 1/2 cup pomegranate seeds (optional)
- Almonds, powdered sugar, silver candies, walnuts or white raisins for decoration (optional)

Directions:
Wash the wheat thoroughly to get rid of any grit or sand. Add the wheat to a large pot. Fill the pot with water, add a few pinches of salt, and bring the water to a boil. Cook the wheat until it’s fluffy and tender – this could take between 20 minutes to 2 hours. Strain the wheat and let the water drain out thoroughly.

Prepare a surface by layering some kitchen towels down. Spread the wheat thinly on the towels and cover. Allow cooked wheat to dry overnight.

Add the wheat, walnuts, almonds, raisins, sesame seeds, pomegranate seeds and 2 tablespoons of the ground toast/crackers to a large mixing bowl and stir well with a wooden spoon until all the ingredients are evenly distributed.

Place the mixture in a tray or bowl that you would like to use. Press the mixture down using wax paper to smooth it out and shape it (mound for tray or flat for bowl). Sprinkle some of the remaining toast/crackers on the top of the mixture to cover (no need to use all the crackers) and smooth it out. Then sprinkle the powdered sugar generously on top and press to smooth. Decorate the top with any of the ingredients you choose. It is traditional to adorn the top with a cross in the middle and initials of the departed.

PLEASE NOTE: During the beginning of lent (and other times of the year), there are three Saturday of the Souls liturgies celebrated. At this time people bring small bowls with Koliva and share the table during the memorial service. The names of the departed are provided to the priest so they will be remembered during the service.
Final 2017

(If you had completed and submitted a 2017 Pledge Card but your name is not on this list please inform the office)

Next month we will begin our countdown for 2018, you will find your 2018 forms in the narthex!

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(Dimitra Lix, Marina Arciniaga, Jacob Affolter, Fran Attwood, Patsy Morden, Tom Morden, Gary Boyce)

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Mike & Christina Wombacher
Todd & Nicolette Wright
George & Stella Xenakis
Demetrios Xenikakis & Angie Samaras

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**WILL ORDAIN THE SERVANT OF GOD**

**JACOB SAYLOR**

**TO THE HOLY DIACONATE**
Saturday, February 24, 2018
Orthros 8:30 AM
Hierarchical Divine Liturgy 10:00 AM

**TO THE HOLY PRIESTHOOD**
Sunday, February 25, 2018
Orthros 8:00 AM
Hierarchical Divine Liturgy 9:30 AM

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<td>6:00-7:10pm - Inquirer’s Class</td>
<td>4:15-5:45pm - JOY/HOPE</td>
<td>10:40am-Philoptochos Lenten Retreat</td>
<td>6:00-7:10pm - Inquirer’s Class</td>
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<td>6:00pm-Presanctified Liturgy</td>
<td>7:00pm-First Salutation to the Theotokos</td>
<td>9:30am-Divine Liturgy &amp; Memorial Service</td>
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<td>6:00-7:10pm-Inquirer’s Class 7:10pm-Bible Study/YAL</td>
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<td>6:00pm-Presanctified Liturgy</td>
<td>7:00pm-Akathist Hymn</td>
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<td>7:00pm- Akathist Hymn</td>
<td>Lazarus Saturday 10:40am-Holy Confession (Children) Altar Boy Practice Myrrh Bearers Practice</td>
<td>3:00-5:00pm-Confession 5:00pm-Vespers</td>
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