

## EPISTLE AND GOSPEL READINGS

### EPISTLE READING:

**Prokeimenon. Mode Plagal 2.**

**Psalms 27.9,1**

O Lord, save your people and bless your inheritance.

Verse: To you, O Lord, I have cried, O my God. The reading is from St. Paul's Letter to the Hebrews 1:10-14; 2:1-3

"IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

**Προκείμενον. Ήχος πλ. β'.**

**ΨΑΛΜΟΙ 27.9,1**

Σῶσον, Κύριε τὸν λαὸν σου καὶ εὐλόγησον τὴν κληρονομίαν σου.

Στίχ. Πρὸς σέ, Κύριε, κεκράζομαι ὁ Θεός μου.

Πρὸς Ἑβραίους 1:10-14, 2:1-3 τὸ ἀνάγνωσμα εἶναι ἀπο

Κατ' ἀρχάς, Κύριε, τὴν γῆν ἐθεμελίωσας, καὶ ἔργα τῶν χειρῶν σου εἰσὶν οἱ οὐρανοί· αὐτοὶ ἀπολοῦνται, σὺ δὲ διαμένεις· καὶ πάντες ὡς ἱμάτιον παλαιωθήσονται, καὶ ὡσεὶ περιβόλαιον ἐλίξεις αὐτούς, καὶ ἀλλαγῆσονται· σὺ δὲ ὁ αὐτὸς εἶ, καὶ τὰ ἔτη σου οὐκ ἐκλείψουσιν. Πρὸς τίνα δὲ τῶν ἀγγέλων εἶρηκέν ποτε, Κάθου ἐκ

δεξιῶν μου, ἕως ἂν θῶ τοὺς ἐχθρούς σου ὑποπόδιον τῶν ποδῶν σου; Οὐχὶ πάντες εἰσὶν λειτουργικὰ πνεύματα, εἰς διακονίαν ἀποστελλόμενα διὰ τοὺς μέλλοντας κληρονομεῖν σωτηρίαν; Διὰ τοῦτο δεῖ περισσοτέρως ἡμᾶς προσέχειν τοῖς ἀκουσθεῖσιν, μήποτε παραρρυῶμεν. Εἰ γὰρ ὁ δι' ἀγγέλων λαληθεὶς λόγος ἐγένετο βέβαιος, καὶ πᾶσα παράβασις καὶ παρακοῆ ἔλαβεν ἔνδικον μισθαποδοσίαν, πῶς ἡμεῖς ἐκφευξόμεθα τηλικαύτης ἀμελήσαντες σωτηρίας; Ἦτις, ἀρχὴν λαβοῦσα λαλεῖσθαι διὰ τοῦ κυρίου, ὑπὸ τῶν ἀκουσάντων εἰς ἡμᾶς ἐβεβαιοθή.

### GOSPEL READING:

**The Gospel According to Mark 2:1-12**

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins"-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!" **Ἐκ τοῦ Κατὰ Μάρκον 2:1-12 Εὐαγγελίου τὸ Ἀνάγνωσμα**

Τῷ καιρῷ ἐκείνῳ, εἰσηλθεν ὁ Ἰησοῦς εἰς εἰς Καπερναοὺμ δι' ἡμερῶν καὶ ἠκούσθη ὅτι εἰς οἶκόν ἐστι. καὶ εὐθέως συνήχθησαν πολλοί, ὥστε μηκέτι χωρεῖν μηδὲ τὰ πρὸς τὴν θύραν· καὶ ἐλάλει αὐτοῖς τὸν λόγον. καὶ ἔρχονται πρὸς αὐτὸν παραλυτικὸν φέροντες, αἰρόμενον ὑπὸ τεσσάρων· καὶ μὴ δυνάμενοι προσεγγίσει αὐτῷ διὰ τὸν ὄχλον, ἀπεστέγασαν τὴν στέγην ὅπου ἦν, καὶ ἐξορύξαντες χαλῶσι τὸν κράβαττον, ἐφ' ᾧ ὁ παραλυτικὸς κατέκειτο. ἰδὼν δὲ ὁ Ἰησοῦς τὴν πίστιν αὐτῶν λέγει τῷ παραλυτικῷ· τέκνον, ἀφέωνταί σοι αἱ ἁμαρτίαι σου. ἦσαν δὲ τινες τῶν γραμματέων ἐκεῖ καθημένοι καὶ διαλογιζόμενοι ἐν ταῖς καρδίαις αὐτῶν· τί οὕτως οὕτω λαλεῖ βλασφημίας; τίς δύναται ἀφιέναι ἁμαρτίας εἰ μὴ εἷς ὁ Θεός; καὶ εὐθέως ἐπιγνοὺς ὁ Ἰησοῦς τῷ πνεύματι αὐτοῦ ὅτι οὕτως αὐτοὶ διαλογίζονται ἐν ἑαυτοῖς, εἶπεν αὐτοῖς· τί ταῦτα διαλογίζεσθε ἐν ταῖς καρδίαις ὑμῶν; τί ἐστὶν εὐκοπώτερον, εἰπεῖν τῷ παραλυτικῷ, ἀφέωνταί σοι αἱ ἁμαρτίαι, ἢ εἰπεῖν, ἔγειρε καὶ ἄρον τὸν κράβαττόν σου καὶ περιπάτει; ἵνα δὲ εἰδῆτε ὅτι ἐξουσίαν ἔχει ὁ υἱὸς τοῦ ἀνθρώπου ἀφιέναι ἐπὶ τῆς γῆς ἁμαρτίας - λέγει τῷ παραλυτικῷ· σοὶ λέγω, ἔγειρε καὶ ἄρον τὸν κράβαττόν σου καὶ ὑπάγε εἰς τὸν οἶκόν σου. καὶ ἠγέρθη εὐθέως, καὶ ἄρας τὸν κράβαττον ἐξῆλθεν ἐναντίον πάντων, ὥστε ἐξίστασθαι πάντας καὶ δοξάζειν τὸν Θεὸν λέγοντας ὅτι οὐδέποτε οὕτως εἶδομεν.

### SAINTS AND FEASTS:

**Today we commemorate:**

- **Sunday of St. Gregory Palamas**
- **Gerasimus the Righteous of Jordan**
- **Paul & his sister Juliana and their Companions**
- **Daniel, Prince of Moscow**

### Readings:

**Sunday of St. Gregory Palamas**

This divine Father, who was from Asia Minor, was from childhood reared in the royal court of Constantinople, where he was instructed in both religious and secular wisdom. Later, while still a youth, he left the imperial court and struggled in asceticism on Mount Athos, and in the Skete at

Beroea. He spent some time in Thessalonica being treated for an illness that came from his harsh manner of life. He was present in Constantinople at the Council that was convened in 1341 against Barlaam of Calabria, and at the Council of 1347 against Acindynus, who was of like mind with Barlaam; Barlaam and Acindynus claimed that the grace of God is created. At both these Councils, the Saint contended courageously for the true dogmas of the Church of Christ, teaching in particular that divine grace is not created, but is the uncreated energies of God which are poured forth throughout creation: otherwise it would be impossible, if grace were created, for man to have genuine communion with the uncreated God. In 1347 he was appointed Metropolitan of Thessalonica. He tended his flock in an apostolic manner for some twelve years, and wrote many books and treatises on the most exalted doctrines of our Faith; and having lived for a total of sixty-three years, he reposed in the Lord in 1359.

His holy relics are kept in the Cathedral of Thessalonica. A full service was composed for his feast day by the Patriarch Philotheus in 1368, when it was established that his feast be celebrated on this day. Since works without right faith avail nothing, we set Orthodoxy of faith as the foundation of all that we accomplish during the Fast, by celebrating the Triumph of Orthodoxy the Sunday before, and the great defender of the teachings of the holy Fathers today.

**Gerasimus the Righteous of Jordan**

This Saint, who was from Lycia in Asia Minor, lived there for many years as a hermit, and then went to Palestine. There he built the great Lavra by the Jordan River, where a lion served him with great obedience and devotion. One day the lion came looking for Gerasimus that he might feed him, but his disciples took the lion to the place where they had buried the Saint shortly before. The lion fell at the Saint's grave and, after roaring with grief, died at that very place. Saint Gerasimus reposed in 475.

## “St. Gregory Palamas”

**Sunday, March 4<sup>th</sup>, 2018**

8:30am - Orthros

9:30am - Divine Liturgy

10:40am-Sunday School

**Wednesday, March 7<sup>th</sup>**

6:00pm- Presanctified Liturgy

**Friday, March 9<sup>th</sup>**

7:00pm- Third Salutation

**Saturday, March 10<sup>th</sup>**

3:00-5:00pm- Confession

5:00pm- Vespers

Parish Council Assignment Team #1- Athena,  
Marina, Zoi, Tom

### MEMORIAL SERVICE

The Memorial Service this morning is for the two year memorial of Steve Krithis beloved husband of Freda Krithis; and the annual memorial of George & Helen Ntatsos beloved parents of Lucy St. Armour, Litsa Ntatsos, and Angelo Ntatsos. May their memories be eternal!

### FELLOWSHIP HOUR

The Daughters of Penelope will be selling delicious loukoumades during fellowship hour this morning and coffee is being sponsored by Freda Krithis in memory of her beloved husband Steve.

### PAN ORTHODOX VESPERS TONIGHT

At 6:00pm we are invited to join all the Orthodox parishes in the valley Saints Peter & Paul located at 1614 E. Monte Vista Rd in Phoenix. A Lenten meal will be served following the service.

### JOY/HOPE

The JOY/HOPE will be meeting this Wednesday, March 7<sup>th</sup> from 4:15-5:45pm. This program is geared for all children ages 5-12. Fr. Phil will provide instruction in the Orthodox Faith. A complimentary dinner will be served. Parental supervision will be provided.

### GREAT LENT

Great Lent began Monday, February 19<sup>th</sup>. During this period Orthodox Christians are encouraged to fast from meat, dairy and their by-products and from fish with a backbone. Olive oil, wine and beer are allowed

on weekends. Attendance at Lenten services, confession and practicing charity are encouraged.

### BIBLE STUDY AND YAL

Tuesday, 7:10pm, Topic: I Jn. 5, Location Church

### SEEKING VOLUNTEER FOR IRRIGATION

We are seeking a volunteer to be responsible for the irrigation on our property. If you might be able to help with this please contact a Parish Council member for more information.

### VOLUNTEERS TO SPONSOR FELLOWSHIP HOUR

Would you like to sponsor a fellowship hour? Please contact the church office at 480 899-3330.

### YOUTH CHOIR

The Church Youth Choir began in September. If you are interested and would like more information please contact: [Alexandra.af@cox.net](mailto:Alexandra.af@cox.net)

### UPCOMING EVENTS:

*March 11<sup>th</sup>- Philoptochos general meeting.*

*March 18<sup>th</sup> – Spring General Assembly- Please make every effort to be in attendance.*

*March 31<sup>st</sup> – Philoptochos Palm Cross making family luncheon- See flier for details.*

*April 1<sup>st</sup> – Philoptochos Palm Sunday Fish Luncheon- See flier in Narthex for details.*

*April 21<sup>st</sup>- Agape Ball- see flier in Narthex for details.*

*June 3<sup>rd</sup>-9<sup>th</sup> – All Saints Camp, for early registration discount please see:*

<http://www.allsaintscamparizona.org/#home2>

### PLEASE NOTE...

It costs \$100 dollars per week per family to operate Saint Katherine Greek Orthodox Church. Please prayerfully consider your stewardship. We certainly appreciate all those who give of their time, talent & tithings. Thank you for your love and commitment to Saint Katherine!

Greek Archdiocese of America: [www.goarch.org](http://www.goarch.org)  
Metropolis of San Francisco:

[www.sanfran.goarch.org](http://www.sanfran.goarch.org)

Download & Print the Bulletin & Spirit at:

[www.st-katherine.org](http://www.st-katherine.org)

## St. Katherine Greek Orthodox Church Weekly Bulletin March 4, 2018 Welcome!



2716 N. Dobson Rd., Ste. 101  
Chandler, Arizona 85224

Phone: (480) 899-3330

Fax: (480) 812-9669

Website: [www.st-katherine.org](http://www.st-katherine.org)

E-mail: [office@st-katherine.org](mailto:office@st-katherine.org)

Church Office Hours:

Monday - Friday

9:30 a.m. – 3:30 p.m.

Lunch: 12:00 – 1:00p.m.

Proistamenos:

Rev. Fr. Philip S. Armstrong

Email: [skcpriest@yahoo.com](mailto:skcpriest@yahoo.com)

Assisting Priest:

Fr. Demetrios Kavouras

## APOLYTIKION AND KONTAKION HYMNS

### Resurrectional Apolytikion in the Plagal of the Second Tone

The angelic powers appeared at your tomb, the soldiers guarding it became as dead men, and Mary stood at your grave seeking, seeking your most pure body But you made hell a captive; you were untouched by its might. You came to the virgin and granted life. O Lord, who rose from the dead, glory to you.

### Apolytikion for the Second Sunday of Lent: St. Gregory Palamas

Beacon of Orthodox belief, the strong support of the Church and her teacher inspired by God, you are the ornament of monks, the unassailable champion of theologians, O Gregory the Wonder-worker and the boast of Thessalonica, the messenger of grace. Forever earnestly entreat for the salvation of our souls.

### Apolytikion of St. Katherine

Let us sing the praise of the Bride of Christ renown, the Patroness of Sinai, Katherine Divine. Our assistance and protection, for she has brilliantly subdued, the impious refine, by the power of the Spirit. She was crowned as a martyr of the Lord, and for all, she entreats the great mercy.

Τὴν πανεύφημον νόμφην Χριστοῦ ὑμνήσωμεν, Αἰκατερίναν τὴν θεῖαν καὶ πολιοῦχον Σινᾶ, τὴν βοήθειαν ἡμῶν καὶ ἀντίληψιν, ὅτι ἐφίμωσε λαμπρῶς, τοὺς κομψοὺς τῶν ἀσεβῶν, τοῦ Πνεύματος τῆ μαχαίρα, καὶ νῦν ὡς Μάρτυς στεφθεῖσα, αἰτεῖται πᾶσι τὸ μέγα ἔλεος.

### Akathist Kontakion to the Annunciation

Mighty Defender, and Commander, I, your city, sing hymns of thanksgiving for the victory ascribed to you. From all terrors hast thou rescued me, Theotokos, I entreat you, for your power is invincible from all dangers that may threaten me, deliver me, that I may cry to you: Rejoice, O unwedded bride!

**Welcome to all our visitors worshipping with us today!**

**We're glad you're here! Please join us at our Fellowship Hour immediately following the Divine Liturgy to meet fellow parishioners and learn more about the community.**