

EPISTLE AND GOSPEL READINGS

EPISTLE READING:

Prokeimenon. Mode Plagal 2.

Psalm 27.9,1

O Lord, save your people and bless your inheritance.

Verse: To you, O Lord, I have cried, O my God.

The reading is from St. Paul's Letter to the Hebrews 4:14-16; 5:1-6

BRETHREN, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek."

Προκείμενον. Ήχος πλ. β'.

ΨΑΛΜΟΙ 27.9,1

Σῶσον, Κύριε τὸν λαὸν σου καὶ εὐλόγησον τὴν κληρονομίαν σου.

Στίχ. Πρὸς σέ, Κύριε, κεκράξομαι ὁ Θεός μου.

Πρὸς Ἑβραίους 4:14-16, 5:1-6 τὸ ἀνάγνωσμα εἶναι ἀπο

Ἀδελφοί, ἔχοντες οὖν ἀρχιερέα μέγαν, διεληλυθότα τοὺς οὐρανοὺς, Ἰησοῦν τὸν υἱὸν τοῦ θεοῦ, κρατῶμεν τῆς ὁμολογίας. Οὐ γὰρ ἔχομεν ἀρχιερέα μὴ δυνάμενον συμπαθεῖσαι ταῖς ἀσθενείαις ἡμῶν, πεπειραμένον δὲ κατὰ πάντα καθ' ὁμοιότητα, χωρὶς ἁμαρτίας. Προσερχώμεθα οὖν μετὰ παρρησίας τῷ θρόνῳ τῆς χάριτος, ἵνα λάβωμεν ἔλεον, καὶ χάριν εὕρωμεν εἰς εὐκαιρον βοήθειαν. Πᾶς γὰρ ἀρχιερεύς, ἐξ ἀνθρώπων λαμβανόμενος, ὑπὲρ ἀνθρώπων καθίσταται τὰ πρὸς τὸν θεόν, ἵνα προσφέρῃ δῶρά τε καὶ θυσίας ὑπὲρ ἁμαρτιῶν· μετριοπαθεῖν δυνάμενος τοῖς ἀγνοοῦσιν καὶ πλανωμένοις, ἐπεὶ καὶ αὐτὸς περικείται ἀσθένειαν· καὶ διὰ ταύτην ὀφείλει, καθὼς περὶ τοῦ λαοῦ, οὕτως καὶ περὶ ἑαυτοῦ, προσφέρειν ὑπὲρ ἁμαρτιῶν. Καὶ οὐχ ἑαυτῷ τις λαμβάνει τὴν τιμὴν, ἀλλὰ καλούμενος ὑπὸ τοῦ θεοῦ, καθάπερ καὶ Ἀαρών. Οὕτως καὶ ὁ Χριστὸς οὐχ ἑαυτὸν ἐδόξασεν γεννηθῆναι ἀρχιερέα, ἀλλ' ὁ λαλήσας πρὸς αὐτόν, Υἱός μου εἶ σύ, ἐγὼ σήμερον γεγέννηκά σε. Καθὼς καὶ ἐν ἑτέρῳ λέγει, Σὺ ἱερεὺς εἰς τὸν αἰῶνα κατὰ τὴν τάξιν Μελχισεδέκ.

GOSPEL READING:

The Gospel According to Mark 8:34-38; 9:1

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

**Ἐκ τοῦ Κατὰ Μάρκον 8:34-38, 9:1
Εὐαγγελίου τὸ Ἀνάγνωσμα**

Εἶπεν ὁ Κύριος· Εἴ τις θέλει ὀπίσω μου ἐλθεῖν, ἀπαρνησάσθω ἑαυτὸν καὶ ἀράτω τὸν σταυρὸν αὐτοῦ, καὶ ἀκολουθεῖτω μοι. ὃς γὰρ ἂν θέλῃ τὴν ψυχὴν αὐτοῦ σῶσαι, ἀπολέσει αὐτήν· ὃς δ' ἂν ἀπολέσῃ τὴν ἑαυτοῦ ψυχὴν ἕνεκεν ἐμοῦ καὶ τοῦ εὐαγγελίου, οὗτος σώσει αὐτήν. τί γὰρ ὠφελήσει ἄνθρωπον ἐὰν κερδήσῃ τὸν κόσμον ὅλον, καὶ ζημιωθῇ τὴν ψυχὴν αὐτοῦ; ἢ τί δώσει ἄνθρωπος ἀντάλλαγμα τῆς ψυχῆς αὐτοῦ; ὃς γὰρ ἐὰν ἐπαισχυνθῇ με καὶ τοὺς ἐμούς λόγους ἐν τῇ γενεᾷ ταύτῃ τῇ μοιχαλίδι καὶ ἁμαρτωλῷ, καὶ ὁ υἱὸς τοῦ ἀνθρώπου ἐπαισχυνθήσεται αὐτὸν ὅταν ἔλθῃ ἐν τῇ δόξῃ τοῦ πατρὸς αὐτοῦ μετὰ τῶν ἀγγέλων τῶν ἁγίων. Καὶ ἔλεγεν αὐτοῖς· ἀμὴν λέγω ὑμῖν ὅτι εἰσὶ τινες τῶν ὧδε ἐστηκότων, οἵτινες οὐ μὴ γεύσονται θανάτου ἕως ἂν ἴδωσι τὴν βασιλείαν τοῦ Θεοῦ ἐληλυθυῖαν ἐν δυνάμει.

SAINTS AND FEASTS:

Today we commemorate:

- **Sunday of the Holy Cross**
- **Sophronius, Patriarch of Jerusalem**
- **Theodora the Righteous**
- **Pionios the Presbyter**

Readings:

Sunday of the Holy Cross

With the help of God, we have almost reached the middle of the course of the Fast, where our strength has been worn down through abstinence, and the full difficulty of the labour set before us becomes apparent. Therefore our holy Mother, the Church of Christ, now brings to our help the all-holy Cross, the joy of the world, the strength of the faithful, the staff of the just, and the hope of sinners, so that by venerating it reverently, we might receive strength and grace to complete the divine struggle of the Fast.

Sophronius, Patriarch of Jerusalem

This Saint was born in Damascus. As a young man he became a monk at the Monastery of Saint Theodosius the Cenobiarch in Palestine, where he met John Moschus and became his close friend. Having a common desire to search

out ascetics from whom they could receive further spiritual instruction, they journeyed together through Palestine, Syria, Asia Minor, and Egypt, where they met the Patriarch of Alexandria, Saint John the Almsgiver, with whom they remained until 614, when Persians captured Jerusalem (see also Saint Anastasius the Persian, Jan. 22). Saint Sophronius and John Moschus departed Alexandria for Rome, where they remained until 619, the year of John Moschus' death. Saint Sophronius returned to the Monastery of Saint Theodosius the Cenobiarch, and there buried the body of his friend. He laboured much in defence of the Holy Fourth Council of Chalcedon, and traveled to Constantinople to remonstrate with Patriarch Sergius and the Emperor Heraclius for changing the Orthodox Faith with their Monothelite teachings. After the death of Patriarch Modestus in December of 634, Sophronius was elected Patriarch of Jerusalem. Although no longer in the hands of the Persians, the Holy Land was now besieged by the armies of the newly-appeared religion of Mohammed, which had already taken Bethlehem; in the Saint's sermon for the Nativity of our Lord in 634, he laments that he could not celebrate the feast in Bethlehem. In 637, for the sins of the people, to the uttermost grief of Saint Sophronius, the Caliph Omar captured Jerusalem. Having tended the flock of his Master for three years and three months, Saint Sophronius departed in peace unto Him Whom he loved on March 11, 638. Saint Sophronius has left to the Church many writings, including the life of Saint Mary of Egypt. The hymn "O Joyous Light," which is wrongly ascribed to him, is more ancient than Saint Basil the Great, as the Saint himself confirms in his work "On the Holy Spirit" (ch. 29). However, it seems that this hymn, which was chanted at the lighting of the lamps and was formerly called "The Triadic Hymn," was later supplemented somewhat by Saint Sophronius, bringing it into the form in which we now have it. Hence, some have ascribed it to him.

“Sunday of the Holy Cross”

Sunday, March 11th, 2018

8:30am - Orthros

9:30am - Divine Liturgy

10:40am-Sunday School

Wednesday, March 14th

6:00pm- Presanctified Liturgy

Friday, March 16th

7:00pm- Third Salutation

Saturday, March 17th

3:00-5:00pm- Confession

5:00pm- Vespers

Parish Council Assignment Team #2- Vange,
Eric, Fran, Vicky

SPECIAL TRAY

A special tray will be passed this morning to help support our seminary that prepares our future priests- Holy Cross Greek Orthodox School of Theology.

FELLOWSHIP HOUR

Fellowship hour this morning is being sponsored by the Parish Council.

PHILOPTOCHOS GENERAL MEETING

In the 5th acre house following dismissal of Liturgy. All Philoptochos/Agape Group members are invited and visitors are welcome.

PAN ORTHODOX VESPERS TONIGHT

At 6:00pm we are invited to join all the Orthodox parishes in the valley at St. Sava Serbian Orthodox Church located at 4436 E. McKinley in Phoenix. A delicious Lenten meal will be served following the service.

PARISH COUNCIL MEETING

Monday, 6:30pm.

BIBLE STUDY AND YAL

Tuesday, 7:10pm, Topic: I Jn. 5, Location Church

GREAT LENT

Great Lent began Monday, February 19th. During this period Orthodox Christians are encouraged to fast from meat, dairy and their by-products and from fish with a backbone. Olive oil, wine and beer are allowed on weekends. Attendance at Lenten services, confession and practicing charity are encouraged.

HOLY WEEK SCHEDULE

Copies of the Holy Week schedule are available on the table in the Narthex.

SEEKING VOLUNTEER FOR IRRIGATION

We are seeking a volunteer to be responsible for the irrigation on our property. If you might be able to help with this please contact a Parish Council member for more information.

VOLUNTEERS TO SPONSOR FELLOWSHIP HOUR

Would you like to sponsor a fellowship hour? Please contact the church office at 480 899-3330.

YOUTH CHOIR

The Church Youth Choir began in September. If you are interested and would like more information please contact: Alexandra.af@cox.net

UPCOMING EVENTS:

March 18th – Spring General Assembly- Please make every effort to be in attendance.

March 24th- Greek Independence Day Celebration sponsored by Ahepa and the Daughters of Penelope. See flier in Narthex for more details. Tickets on sale in the Community Center. Any parents who would like their child/children to participate in the program, please see Jim DeDakis.

March 31st – Philoptochos Palm Cross making family luncheon- See flier for details.

April 1st – Philoptochos Palm Sunday Fish Luncheon- See flier in Narthex for details.

April 21st- Agape Ball- see flier in Narthex for details.

June 3rd-9th – All Saints Camp, for early registration discount please see:

<http://www.allsaintscamparizona.org/#home2>

PLEASE NOTE...

It costs \$100 dollars per week per family to operate Saint Katherine Greek Orthodox Church. Please prayerfully consider your stewardship. We certainly appreciate all those who give of their time, talent & tithings. Thank you for your love and commitment to Saint Katherine!

Greek Archdiocese of America: www.goarch.org

Metropolis of San Francisco:

www.sanfran.goarch.org

Download & Print the Bulletin & Spirit at:

www.st-katherine.org

St. Katherine Greek Orthodox Church Weekly Bulletin March 11, 2018 Welcome!



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Church Office Hours:

Monday - Friday

9:30 a.m. – 3:30 p.m.

Lunch: 12:00 – 1:00p.m.

Proistamenos:

Rev. Fr. Philip S. Armstrong

Email: skcpriest@yahoo.com

Assisting Priest:

Fr. Demetrios Kavouras

APOLYTIKION AND KONTAKION HYMNS

Resurrectional Apolytikion in the Grave Tone

By Your cross, O Lord, You destroyed death; to the thief You opened paradise. The myrrh-bearers' sorrow You transformed into joy, and You sent Your apostles forth to proclaim that You had risen from the dead, Christ our God, bestowing on all the world Your great mercy.

Apolytikion for the Third Sunday of Lent: Holy Cross

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth.

Apolytikion of St. Katherine

Let us sing the praise of the Bride of Christ renown, the Patroness of Sinai, Katherine Divine. Our assistance and protection, for she has brilliantly subdued, the impious refine, by the power of the Spirit. She was crowned as a martyr of the Lord, and for all, she entreats the great mercy.

Τὴν πανεύφημον νόμφην Χριστοῦ ὑμνήσωμεν,
Αἰκατερίναν τὴν θεῖαν καὶ πολιοῦχον Σινᾶ, τὴν
βοήθειαν ἡμῶν καὶ ἀντίληψιν, ὅτι ἐφίμωσε
λαμπρῶς, τοὺς κομψοὺς τῶν ἀσεβῶν, τοῦ
Πνεύματος τῆ μαχαίρα, καὶ νῦν ὡς Μάρτυς
στεφθεῖσα, αἰτεῖται πᾶσι τὸ μέγα ἔλεος.

Akathist Kontakion to the Annunciation

Mighty Defender, and Commander, I, your city, sing hymns of thanksgiving for the victory ascribed to you. From all terrors hast thou rescued me, Theotokos, I entreat you, for your power is invincible from all dangers that may threaten me, deliver me, that I may cry to you: Rejoice, O unwedded bride!

Welcome to all our visitors worshipping with us today!

We're glad you're here! Please join us at our Fellowship Hour immediately following the Divine Liturgy to meet fellow parishioners and learn more about the community.