# EPISTLE AND GOSPEL READINGS

**EPISTLE READING:** 

Prokeimenon. Mode Plagal 4.

Psalm 75.11,1

Make your vows to the Lord our God and perform them.

Verse: God is known in Judah; his name is great in Israel.

The reading is from St. Paul's Letter to the Hebrews 6:13-20

BRETHREN, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

Προκείμενον. Ήχος πλ. δ'. ΨΑΛΜΟΙ 75.11,1

Εύζασθε καὶ ἀπόδοτε Κυρίφ τῷ Θεῷ ἡμῶν. Στίχ. Γνωστὸς ἐν τῷ Ἰουδαίᾳ ὁ Θεός, ἐν τῷ Ἰσραὴλ μέγα τὸ ὄνομα αὐτοῦ.

Πρὸς Έβραίους 6:13-20 τὸ ἀνάγνωσμα είναι απο

Αδελφοί, τῷ Αβραὰμ ἐπαγγειλάμενος ὁ θεός, ἐπεὶ κατ' οὐδενὸς εἶχεν μείζονος ὀμόσαι, ὅμοσεν καθ' ἑαυτοῦ, λέγων, Ἦ μὴν εὐλογῶν εὐλογήσω σε, καὶ πληθύνων πληθυνῶ σε. Καὶ οὕτως μακροθυμήσας ἐπέτυχεν τῆς ἐπαγγελίας. Ἄνθρωποι μὲν γὰρ κατὰ τοῦ μείζονος

ομνύουσιν, καὶ πάσης αὐτοῖς ἀντιλογίας πέρας εἰς βεβαίωσιν ὁ ὅρκος. Ἐν ῷ περισσότερον βουλόμενος ὁ θεὸς ἐπιδεῖξαι τοῖς κληρονόμοις τῆς ἐπαγγελίας τὸ ἀμετάθετον τῆς βουλῆς αὐτοῦ, ἐμεσίτευσεν ὅρκῳ, ἵνα διὰ δύο πραγμάτων ἀμεταθέτων, ἐν οἶς ἀδύνατον ψεύσασθαι θεόν, ἰσχυρὰν παράκλησιν ἔχωμεν οἱ καταφυγόντες κρατῆσαι τῆς προκειμένης ἐλπίδος· ἡν ὡς ἄγκυραν ἔχομεν τῆς ψυχῆς ἀσφαλῆ τε καὶ βεβαίαν, καὶ εἰσερχομένην εἰς τὸ ἐσώτερον τοῦ καταπετάσματος· ὅπου πρόδρομος ὑπὲρ ἡμῶν εἰσῆλθεν Ἰησοῦς, κατὰ τὴν τάξιν Μελχισεδὲκ ἀρχιερεὺς γενόμενος εἰς τὸν αἰῶνα.

#### **GOSPEL READING:**

## The Gospel According to Mark 9:17-31

At that time, a man came to Jesus kneeling and saying: "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had

entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise."

# Έκ τοῦ Κατὰ Μᾶρκον 9:17-31 Εὐαγγελίου τὸ Ανάγνωσμα

Τῷ καιρῷ ἐκείνῳ, ἄνθρωπός τις προσῆλθε τῷ Ίησοῦ λέγων, διδάσκαλε, ἤνεγκα τὸν υἱόν μου πρός σε, ἔχοντα πνεῦμα ἄλαλον. καὶ ὅπου ἂν αὐτὸν καταλάβη, ῥήσσει αὐτόν, καὶ ἀφρίζει καὶ τρίζει τοὺς ὀδόντας αὐτοῦ, καὶ ξηραίνεται καὶ εἶπον τοῖς μαθηταῖς σου ἵνα αὐτὸ ἐκβάλωσι, καὶ ούκ ἴσγυσαν. ὁ δὲ ἀποκριθεὶς αὐτῷ λέγει ὧ γενεὰ ἄπιστος, ἕως πότε πρὸς ὑμᾶς ἔσομαι; ἕως πότε ἀνέξομαι ὑμῶν; φέρετε αὐτὸν πρός με. καὶ ήνεγκαν αὐτὸν πρὸς αὐτόν. καὶ ἰδὼν αὐτὸν εὐθέως τὸ πνεῦμα ἐσπάραξεν αὐτόν, καὶ πεσὼν έπὶ τῆς γῆς ἐκυλίετο ἀφρίζων. καὶ ἐπηρώτησε τὸν πατέρα αὐτοῦ: πόσος χρόνος ἐστὶν ὡς τοῦτο γέγονεν αὐτῷ; ὁ δὲ εἶπε· παιδιόθεν. καὶ πολλάκις αὐτὸν καὶ εἰς πῦρ ἔβαλε καὶ εἰς ὕδατα, ἵνα ἀπολέση αὐτόν ἀλλ' εἴ τι δύνασαι, βοήθησον ήμῖν σπλαγχνισθεὶς ἐφ' ἡμᾶς. ὁ δὲ Ίησοῦς εἶπεν αὐτῷ τὸ εἰ δύνασαι πιστεῦσαι, πάντα δυνατὰ τῷ πιστεύοντι. καὶ εὐθέως κράξας ό πατήρ τοῦ παιδίου μετὰ δακρύων ἔλεγε. πιστεύω, κύριε βοήθει μου τῆ ἀπιστία. ἰδὼν δὲ ο Ίησοῦς ὅτι ἐπισυντρέχει ὅχλος, ἐπετίμησε τῷ πνεύματι τῷ ἀκαθάρτῳ λέγων αὐτῷ. τὸ πνεῦμα τὸ ἄλαλον καὶ κωφόν, ἐγώ σοι ἐπιτάσσω, ἔξελθε έξ αὐτοῦ καὶ μηκέτι εἰσέλθης εἰς αὐτόν. καὶ κράξαν καὶ πολλὰ σπαράξαν αὐτὸν ἐξῆλθε, καὶ έγένετο ώσεὶ νεκρός, ώστε πολλούς λέγειν ὅτι ἀπέθανεν. ὁ δὲ Ἰησοῦς κρατήσας αὐτὸν τῆς χειρὸς ἤγειρεν αὐτόν, καὶ ἀνέστη. Καὶ είσελθόντα αὐτὸν εἰς οἶκον οἱ μαθηταὶ αὐτοῦ έπηρώτων αὐτὸν κατ' ἰδίαν, ὅτι ἡμεῖς οὐκ ήδυνήθημεν ἐκβαλεῖν αὐτό. καὶ εἶπεν αὐτοῖς: τοῦτο τὸ γένος ἐν οὐδενὶ δύναται ἐξελθεῖν εἰ μὴ έν προσευγή καὶ νηστεία. Καὶ ἐκεῖθεν

έξελθόντες παρεπορεύοντο διὰ τῆς Γαλιλαίας, καὶ οὐκ ἤθελεν ἵνα τις γνῷ· ἐδίδασκε γὰρ τοὺς μαθητὰς αὐτοῦ καὶ ἔλεγεν αὐτοῖς ὅτι ὁ υἰὸς τοῦ ἀνθρώπου παραδίδοται εἰς χεῖρας ἀνθρώπων, καὶ ἀποκτενοῦσιν αὐτόν, καὶ ἀποκτανθεὶς τῆ τρίτη ἡμέρᾳ ἀναστήσεται.

#### **SAINTS AND FEASTS:**

#### **Today we commemorate:**

- Sunday of St. John Climacus
- Cyril, Patriarch of Jerusalem
- Trophimos & Eukarpion, Monkmartyrs of Nicomedea
- Edward the Martyr, King of England

### **Readings:**

#### St. John Climacus

The memory of this Saint is celebrated on March 30, where his biography may be found. He is celebrated today because his book, The Ladder of Divine Ascent, is a sure guide to the ascetic life, written by a great man of prayer experienced in all forms of the monastic polity; it teaches the seeker after salvation how to lay a sound foundation for his struggles, how to detect and war against each of the passions, how to avoid the snares laid by the demons, and how to rise from the rudimental virtues to the heights of Godlike love and humility. It is held in such high esteem that it is universally read in its entirety in monasteries during the Great Fast.

#### Cyril, Patriarch of Jerusalem

This Saint was born in 315, and succeeded Maximus as Archbishop of Jerusalem in 350. He was zealous for the Orthodox Faith, and was a defender of the poor. He was exiled three times by the Arian Emperors Constantius and Valens. But after their death, he was recalled to his throne; he reposed in peace in 386. Of his writings, the most prominent are his catechetical lectures, which are considered the most ancient systematic summary of Christian teaching. Before Saint Cyril, there had been two dioceses, one of Jerusalem, and one of Holy Sion; under Saint Cyril, they were united into one bishopric. See also May 7.

#### "St. John of the Ladder"

## Sunday, March 18th, 2018

8:30am - Orthros 9:30am - Divine Liturgy 10:40am-Sunday School

Wednesday, March 21st

6:00pm- Presanctified Liturgy **Friday, March 23**<sup>rd</sup> 7:00pm- Third Salutation

Saturday, March 24<sup>th</sup> 3:00-5:00pm- Confession 5:00pm- Vespers

Parish Council Assignment Team #3-Demetrios, Todd, Josephine

#### GENERAL ASSEMBLY

Our Spring General Assembly will take place in the Community Center following the dismissal of Liturgy. All stewards are encouraged to attend.

#### FELLOWSHIP HOUR

Fellowship hour this morning is being sponsored by the Parish Council.

#### PAN ORTHODOX VESPERS TONIGHT

At 6:00pm we are invited to join all the Orthodox parishes in the valley at Holy Trinity Cathedral located at 1973 E. Maryland Ave in Phoenix. A delicious Lenten meal will be served following the service.

#### BIBLE STUDY AND YAL

Tuesday, 7:10pm, Topic: I Jn. 5, Location Church

#### **GREAT LENT**

Great Lent began Monday, February 19<sup>th</sup>. During this period Orthodox Christians are encouraged to fast from meat, dairy and their by-products and from fish with a backbone. Olive oil, wine and beer are allowed on weekends. Attendance at Lenten services, confession and practicing charity are encouraged.

#### HOLY WEEK SCHEDULE

Copies of the Holy Week schedule are available on the table in the Narthex.

#### REQUEST OF ORGANIZATIONAL LEADERS

We strive to make **The Spirit** an interesting and useful communication tool for our community; your contributions (articles, photos, current events, etc.) are needed and valued. If there have been changes in your contact information please send any updates to The Spirit editor: <a href="mailto:spiritatskg@gmail.com">spiritatskg@gmail.com</a>.

#### VOLUNTEERS TO SPONSOR FELLOWSHIP

**HOUR** Would you like to sponsor a fellowship hour? Please contact the church office at 480 899-3330.

#### YOUTH CHOIR

The Church Youth Choir began in September. If you are interested and would like more information please contact: Alexandra.af@cox.net

#### **UPCOMING EVENTS:**

March 24<sup>th</sup>- Greek Independence Day Celebration sponsored by Ahepa and the Daughters of Penelope. See flier in Narthex for more details. Tickets on sale in the Community Center. Any parents who would like their child/children to participate in the program, please see Jim DeDakis.

March 31<sup>st</sup> – Philoptochos Palm Cross making family luncheon- See flier for details.

April 1<sup>st</sup> – Philoptochos Palm Sunday Fish Luncheon- See flier in Narthex for details.

April 21<sup>st</sup> - Agape Ball- see flier in Narthex for details.

June 3<sup>rd</sup>-9<sup>th</sup> – All Saints Camp- flier in Narthex, for early registration discount please see: http://www.allsaintscamparizona.org/#home2

#### PLEASE NOTE...

It costs \$100 dollars per week per family to operate Saint Katherine Greek Orthodox Church. Please prayerfully consider your stewardship. We certainly appreciate all those who give of their time, talent & tithings. Thank you for your love and commitment to Saint Katherine!

Greek Archdiocese of America: <a href="www.goarch.org">www.goarch.org</a>
Metropolis of San Francisco:
<a href="www.sanfran.goarch.org">www.sanfran.goarch.org</a>
Download & Print the Bulletin & Spirit at:

www.st-katherine.org

## St. Katherine Greek Orthodox Church Weekly Bulletin March 18, 2018 Welcome!



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Church Office Hours: Monday - Friday 9:30 a.m. – 3:30 p.m. Lunch: 12:00 – 1:00p.m.

<u>Proistamenos:</u>

Rev. Fr. Philip S. Armstrong Email: skcpriest@yahoo.com

<u>Assisting Priest:</u>

Fr. Demetrios Kavouras

## APOLYTIKION AND KONTAKION HYMNS

## Resurrectional Apolytikion in the Plagal of the Fourth Tone

From on high You descended, O merciful Lord. You accepted the cross and three days in the tomb to free us from the bandage of sin, O our life and resurrection. Glory to You, O Lord.

#### Apolytikion for St. John Climacus

With the rivers of your tears you made the barren desert bloom; and with your sighs from deep within, you made your labors bear their fruits a hundredfold; and you became a star, illuminating the world by your miracles, O John, our devout father. Intercede with Christ our God, for the salvation of our souls.

### Apolytikion of St. Katherine

Let us sing the praise of the Bride of Christ renown, the Patroness of Sinai, Katherine Divine. Our assistance and protection, for she has brilliantly subdued, the impious refine, by the power of the Spirit. She was crowned as a martyr of the Lord, and for all, she entreats the great mercy.

Τὴν πανεύφημον νύμφην Χριστοῦ ὑμνήσωμεν, Αἰκατερῖναν τὴν θείαν καὶ πολιοῦχον Σινᾶ, τὴν βοήθειαν ἡμῶν καὶ ἀντίληψιν, ὅτι ἐφίμωσε λαμπρῶς, τοὺς κομψοὺς τῶν ἀσεβῶν, τοῦ Πνεύματος τῇ μαχαίρα, καὶ νῦν ὡς Μάρτυς στεφθεῖσα, αἰτεῖται πᾶσι τὸ μέγα ἔλεος.

#### **Akathist Kontakion to the Annunciation**

Mighty Defender, and Commander, I, your city, sing hymns of thanksgiving for the victory ascribed to you. From all terrors hast thou rescued me, Theotokos, I entreat you, for your power is invincible from all dangers that may threaten me, deliver me, that I may cry to you: Rejoice, O unwedded bride!

Welcome to all our visitors worshipping with us today!

We're glad you're here! Please join us at our Fellowship Hour immediately following the Divine Liturgy to meet fellow parishioners and learn more about the community.