

## EPISTLE AND GOSPEL READINGS

### EPISTLE READING:

#### Prokeimenon. Mode Plagal 2.

#### Psalm 27.9,1

**O Lord, save your people and bless your inheritance.**

**Verse: To you, O Lord, I have cried, O my God.**

**The reading is from St. Paul's Letter to the Hebrews 4:14-16; 5:1-6**

BRETHREN, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for

those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek."

**Προκείμενον. Ήχος πλ. β'.  
ΨΑΛΜΟΙ 27.9,1**

Σῶσον, Κύριε τὸν λαὸν σου καὶ εὐλόγησον τὴν κληρονομίαν σου.

Στίχ. Πρὸς σέ, Κύριε, κεκράξομαι ὁ Θεός μου.

Πρὸς Ἑβραίους 4:14-16, 5:1-6 τὸ ἀνάγνωσμα

Ἀδελφοί, ἔχοντες οὖν ἀρχιερέα μέγαν, διεληλυθότα τοὺς οὐρανοὺς, Ἰησοῦν τὸν υἱὸν τοῦ θεοῦ, κρατῶμεν τῆς ὁμολογίας. Οὐ γὰρ ἔχομεν ἀρχιερέα μὴ δυνάμενον συμπαθεῖσαι ταῖς ἀσθενείαις ἡμῶν, πεπειραμένον δὲ κατὰ πάντα καθ' ὁμοιότητα, χωρὶς ἁμαρτίας. Προσερχώμεθα οὖν μετὰ παρρησίας τῷ θρόνῳ τῆς χάριτος, ἵνα λάβωμεν ἔλεον, καὶ χάριν εὕρωμεν εἰς εὐκαιρον βοήθειαν. Πᾶς γὰρ ἀρχιερεὺς, ἐξ ἀνθρώπων λαμβανόμενος, ὑπὲρ ἀνθρώπων καθίσταται τὰ πρὸς τὸν θεόν, ἵνα προσφέρῃ δῶρά τε καὶ θυσίας ὑπὲρ

ἁμαρτιῶν· μετριοπαθεῖν δυνάμενος τοῖς ἀγνοοῦσιν καὶ πλανωμένοις, ἐπεὶ καὶ αὐτὸς περὶκεῖται ἀσθένειαν· καὶ διὰ ταύτην ὀφείλει, καθὼς περὶ τοῦ λαοῦ, οὕτως καὶ περὶ ἑαυτοῦ, προσφέρειν ὑπὲρ ἁμαρτιῶν. Καὶ οὐχ ἑαυτῷ τις λαμβάνει τὴν τιμὴν, ἀλλὰ καλούμενος ὑπὸ τοῦ θεοῦ, καθάπερ καὶ Ἀαρῶν. Οὕτως καὶ ὁ Χριστὸς οὐχ ἑαυτὸν ἐδόξασεν γεννηθῆναι ἀρχιερέα, ἀλλ' ὁ λαλήσας πρὸς αὐτόν, Υἱός μου εἶ σύ, ἐγὼ σήμερον γεγέννηκά σε. Καθὼς καὶ ἐν ἑτέρῳ λέγει, Σὺ ἱερεὺς εἰς τὸν αἰῶνα κατὰ τὴν τάξιν Μελχισεδέκ.

### GOSPEL READING:

**The Gospel According to Mark 8:34-38; 9:1**

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death

before they see the kingdom of God come with power."

Ἐκ τοῦ Κατὰ Μᾶρκον 8:34-38, 9:1

Εὐαγγελίου τὸ Ἀνάγνωσμα  
Εἶπεν ὁ Κύριος· Εἴ τις θέλει ὀπίσω μου ἔλθειν, ἀπαρνησάσθω ἑαυτὸν καὶ ἀράτω τὸν σταυρὸν αὐτοῦ, καὶ ἀκολουθείτω μοι. ὃς γὰρ ἂν θέλῃ τὴν ψυχὴν αὐτοῦ σῶσαι, ἀπολέσει αὐτήν· ὃς δ' ἂν ἀπολέσῃ τὴν ἑαυτοῦ ψυχὴν ἕνεκεν ἐμοῦ καὶ τοῦ εὐαγγελίου, οὗτος σώσει αὐτήν. τί γὰρ ὠφελήσει ἄνθρωπον ἐὰν κερδήσῃ τὸν κόσμον ὅλον, καὶ ζημιωθῇ τὴν ψυχὴν αὐτοῦ; ἢ τί δώσει ἄνθρωπος ἀντάλλαγμα τῆς ψυχῆς αὐτοῦ; ὃς γὰρ ἐὰν ἐπαισχυνθῇ με καὶ τοὺς ἐμοὺς λόγους ἐν τῇ γενεᾷ ταύτῃ τῇ μοιχαλίδι καὶ ἁμαρτωλῷ, καὶ ὁ υἱὸς τοῦ ἀνθρώπου ἐπαισχυνθήσεται αὐτὸν ὅταν ἔλθῃ ἐν τῇ δόξῃ τοῦ πατρὸς αὐτοῦ μετὰ τῶν ἀγγέλων τῶν ἁγίων. Καὶ ἔλεγεν αὐτοῖς· ἀμὴν λέγω ὑμῖν ὅτι εἰσὶ τινες τῶν ὧδε ἐστηκότων, οἵτινες οὐ μὴ γεύσονται θανάτου ἕως ἂν ἴδωσι τὴν βασιλείαν τοῦ Θεοῦ ἐληλυθυῖαν ἐν δυνάμει.



## “Sunday of the Veneration of the Holy Cross”

**Sunday, March 31<sup>st</sup>, 2019**

8:30am-Orthros

9:30am-Divine Liturgy

10:40am-Sunday School

**Wednesday, April 3<sup>rd</sup>**

6:00pm-Presanctified Liturgy

**Friday, April 5<sup>th</sup>**

7:00pm- Third Salutation

**Saturday, April 6<sup>th</sup>**

3:00-5:00pm-Confession

5:00pm-Vespers

Parish Council Duty Team #3 – Demetrios, Gary, Mike, Todd

### PROCESSION WITH THE CROSS

This morning there will be a special procession with the cross to mark the third Sunday of Great Lent. It is on this Sunday that we observe the “Veneration of the Cross to gather strength to finish our Lenten journey.

### SPECIAL TRAY

A special tray will be passed this morning to benefit our Holy Cross Greek Orthodox School of Theology in Brookline, MA. It is the only Greek Orthodox Seminary in the USA. Please give generously to their vital ministry.

### FELLOWSHIP HOUR

Fellowship Hour this morning is being sponsored by the Parish Council.

### PAN ORTHODOX VESPERS TONIGHT

At 6:00pm there will be a Pan-Orthodox Vesper service at St. Nikolas Serbian Orthodox Church parish located at 11640 N. 16<sup>th</sup> Pl. in Phoenix. All Orthodox Christians are invited to attend and show our unity in the Faith. A Lenten dinner will be served after the service. The homilist will be Fr. Andre Paez.

### BIBLE STUDY/YAL FELLOWSHIP

7:10-8:10pm. Topic: St. Paul’s Letter to the Romans. Location: Choir loft.

### JOY/HOPE

Joy/Hope will meet this Friday, April 5<sup>th</sup> from 5:30-6:45pm. All children ages 5-12 are invited. Fr. Phil will provide instruction in the Orthodox Faith, a complimentary meal and parental supervision will be provided. After Joy/Hope the Agape Group will be packing Easter Baskets for Helen’s Hope Chest. Contact Maria Morton for more information.

### GREAT LENT BEGAN MARCH 11<sup>TH</sup>

During Great Lent the Church encourages us to fast from meat and dairy, and their by-products, alcohol, fish with a backbone and olive oil (except on weekends). In Addition to this we should attend the various Lenten services and give alms to the poor. Blessed Lent to you! Kali Tessarakosti!

### MYRRH BEARERS

Any girls from 8-13 years of age who would like to serve as “myrrh bearers” for the Holy Friday Lamentation Service and Holy Pascha Resurrection Service are encouraged to contact Antigoni Bhatia.

### SEEKING A GREEK SCHOOL TEACHER

Qualified and interested people please contact Marina Ambus for more information.

### VOLUNTEERS NEEDED

Teachers and Counselors needed for Vacation Church School from June 17-21 for grades K-5. Contact Maria Morton or Nicolette Wright for more information.

### HOLY WEEK SCHEDULE

The Holy Week schedule is available on the table in the Narthex.

### UPCOMING EVENTS:

**April 4<sup>th</sup> 6:30pm-Philoptochos General Meeting**

*Please join us in the 5<sup>th</sup> acre house for our general meeting.*

**May 4th - AZ Walk for Missions**

*At Kiwanis Park in Tempe, save the date! For more information see flier in Narthex.*

### SCHOLARSHIPS AVAILABLE

*The Arizona Hellenic Foundation has scholarships available for qualified students. For applications and eligibility requirements please visit our website: [azhellenic.org](http://azhellenic.org) Applications must be postmarked by April 1, 2018.*

### PLEASE NOTE...

It costs \$100 dollars per week per family to operate Saint Katherine Greek Orthodox Church. Please prayerfully consider your stewardship. We certainly appreciate all those who give of their time, talent & tithings. Thank you for your love and commitment to Saint Katherine!

Greek Archdiocese of America:

[www.goarch.org](http://www.goarch.org)

Metropolis of San Francisco:

[www.sanfran.goarch.org](http://www.sanfran.goarch.org)

Download & Print the Bulletin & Spirit at:

[www.st-katherine.org](http://www.st-katherine.org)

## St. Katherine Greek Orthodox Church Weekly Bulletin March 31, 2019 Welcome!



2716 N. Dobson Rd., Ste. 101  
Chandler, Arizona 85224

Phone & Fax: (480) 899-3330

Website: [www.st-katherine.org](http://www.st-katherine.org)

E-mail: [office@st-katherine.org](mailto:office@st-katherine.org)

Church Office Hours:

Monday – Friday 9:30 a.m. – 3:30 p.m.

Closed 12:00 – 1:00p.m. for lunch

Proistamenos:

Rev. Fr. Philip S. Armstrong

Email: [skcpriest@yahoo.com](mailto:skcpriest@yahoo.com)

Assistant Priest:

Fr. Basil Rosu

Assisting Priest Emeritus:

Fr. Demetrios Kavouras

## Saints and Feasts

Today we commemorate:

- Sunday of the Holy Cross
- The Holy Hieromartyr Hypatius, Bishop of Gangra
- Innocent, Enlightener of Siberia & Alaska
- Akakios the Confessor

READINGS:

### Sunday of the Holy Cross

With the help of God, we have almost reached the middle of the course of the Fast, where our strength has been worn down through abstinence, and the full difficulty of the labour set before us becomes apparent. Therefore our holy Mother, the Church of Christ, now brings to our help the all-holy Cross, the joy of the world, the strength of the faithful, the staff of the just, and the hope of sinners, so that by venerating it reverently, we might receive strength and grace to complete the divine struggle of the Fast.

### The Holy Hieromartyr Hypatius, Bishop of Gangra

This Saint, who was from Cilicia of Asia Minor, became Bishop of Gangra, the capital of Paphlagonia. He was present at the First Ecumenical Council. Because of his confession of the Orthodox Faith, he was put to death by the Novatians, a sect which denied that sins committed after Baptism could be forgiven.

Welcome to all our visitors worshipping with us today; we’re glad you’re here!  
Please join us at our Fellowship Hour immediately following the Divine Liturgy to meet fellow parishioners and learn more about the community.