Saint Katherine Greek Orthodox Church



January 29th, 2023 Sunday of the Canaanite

Mission Statement

To Engage, Serve, and Enrich the lives of Orthodox Christians, through Word, Worship, and Outreach, and to Welcome all people to live the Orthodox Christian way of life.

Our Clergy:

Fr. Timothy Pavlatos, Proistamenos Fr. Philip Armstrong, Priest Emeritus Fr. Demetrios Kavouras, Priest Emeritus

Contact Us:

480-899-3330 · office@st-katherine.org · www.stkatherineaz.org

Church Office Hours:

Tuesday-Thursday 9:30 a.m.-3:30 p.m. Closed 12:00-1:00 p.m. for lunch Fr. Timothy is off on Thursdays.

Metropolis of San Francisco / Greek Orthodox Archdiocese of America

Hymns at the Small Entrance

Resurrectional Apolytikion-Plagal Tone 4

You descended from on high, O compassionate One, and condescended to be buried for three days, so that from the passions You might set us free. Our life and resurrection, O Lord, glory be to You.

Έξ ὕψους κατῆλθες ὁ εὕσπλαγχνος, ταφὴν καταδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσῃς τῶν παθῶν. Ἡ ζωὴ καὶ ἡ Ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

Apolytikion for the Saint

Becoming a partner with the Apostles in way of life and successor to their thrones, O God-inspired Saint, in the active life you found an entrance to contemplation. Hence you rightly expounded the word of truth, and you shed your blood in struggling for the faith, O Hieromartyr Ignatius. Intercede with Christ our God, beseeching Him to save our souls.

Καὶ τρόπων μέτοχος, καὶ θρόνων διάδοχος, τῶν Ἀποστόλων γενόμενος, τὴν πρᾶξιν εὖρες Θεόπνευστε, εἰς θεωρίας ἐπίβασιν· διὰ τοῦτο τὸν λόγον τῆς ἀληθείας ὀρθοτομῶν, καὶ τῆ πίστει ἐνήθλησας μέχρις αἵματος, Ἱερομάρτυς Ἰγνάτιε. Πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

Apolytikion of St. Katherine

Let us sing the praise of the Bride of Christ renown, * the Patroness of Sinai, Katherine Divine. * Our assistance and protection, * for she has brilliantly subdued, * the impious refined, by the power of the Spirit. * She was crowned as a martyr of the Lord, * and for all, she entreats His great mercy.

Τὴν πανεύφημον νύμφην Χριστοῦ ὑμνήσωμεν, Αἰκατερῖναν τὴν θείαν καὶ πολιοῦχον Σινᾶ, τὴν βοήθειαν ἡμῶν καὶ ἀντίληψιν, ὅτι ἐφίμωσε λαμπρῶς, τοὺς κομψοὺς τῶν ἀσεβῶν, τοῦ Πνεύματος τῆ μαχαίρα, καὶ νῦν ὡς Μάρτυς στεφθεῖσα, αἰτεῖται πᾶσι τὸ μέγα ἔλεος.

Kontakion

You sanctified the virginal womb by Your birth, O Lord, and blessed the hands of Symeon fittingly, O Christ God; and even now You came and saved us. Now, give peace to our Nation in time of war, and empower our Leaders, so loved by You, the only one who loves humanity.

Ό μήτραν παρθενικὴν ἁγιάσας τῷ τόκῳ σου, καὶ χεῖρας τοῦ Συμεὼν εὐλογήσας ὡς ἔπρεπε, προφθάσας καὶ νῦν ἔσωσας ἡμᾶς Χριστὲ ὁ Θεός. Ἀλλ' εἰρήνευσον ἐν πολέμοις τὸ πολίτευμα, καὶ κραταίωσον Βασιλεῖς οὺς ἠγάπησας, ὁ μόνος φιλάνθρωπος.

Epistle Reading Corinthians 6:16-18; 7:1

Brethren, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

Κορινθίους β' 6:16-18, 7:1

Άδελφοί, ὑμεῖς ἐστε ναὸς Θεοῦ ζῶντος, καθὼς εἶπεν ὁ θεός ὅτι Ἐνοικήσω ἐν αὐτοῖς, καὶ ἐμπεριπατήσω· καὶ ἔσομαι αὐτῶν θεός, καὶ αὐτοὶ ἔσονταί μοι λαός. Διὸ, Ἐξέλθετε ἐκ μέσου αὐτῶν καὶ ἀφορίσθητε, λέγει κύριος, καὶ ἀκαθάρτου μὴ ἄπτεσθε· κἀγὼ εἰσδέξομαι ὑμᾶς, καὶ ἔσομαι ὑμῖν εἰς πατέρα, καὶ ὑμεῖς ἔσεσθέ μοι εἰς υἰοὺς καὶ θυγατέρας, λέγει κύριος παντοκράτωρ. Ταύτας οὖν ἔχοντες τὰς ἐπαγγελίας, ἀγαπητοί, καθαρίσωμεν ἑαυτοὺς ἀπὸ παντὸς μολυσμοῦ σαρκὸς καὶ πνεύματος, ἐπιτελοῦντες ἁγιωσύνην ἐν φόβῳ θεοῦ.

Gospel Reading Matthew 15:21-28

At that time, Jesus went to the district of Tyre and Sidon. And behold, a Canaanite woman from that region came out and cried, "Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon." But he did not answer her a word. And his disciples came and begged him, saying, "Send her away, for she is crying after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." And he answered, "It is not fair to take the children's bread and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their master's table." Then Jesus answered her, "O woman, great is your faith! Be it done for you as you desire." And her daughter was healed instantly.

Ματθαῖον 15:21-28

Τῷ καιρῷ ἐκείνῳ, ἐξελθὼν ἐκεῖθεν ὁ Ἰησοῦς ἀνεχώρησεν εἰς τὰ μέρη Τύρου καὶ Σιδῶνος. καὶ ἰδοὺ γυνὴ Χαναναία ἀπὸ τῶν ὁρίων ἐκείνων ἐξελθοῦσα ἐκραύγαζεν αὐτῷ λέγουσα· ἐλέησόν με, Κύριε, υἱὲ Δαυΐδ· ἡ θυγάτηρ μου κακῶς δαιμονίζεται. ὁ δὲ οὐκ ἀπεκρίθη αὐτῆ λόγον. καὶ προσελθόντες οἱ μαθηταὶ αὐτοῦ ἡρώτων αὐτὸν λέγοντες· ἀπόλυσον αὐτήν, ὅτι κράζει ὅπισθεν ἡμῶν. ὁ δὲ ἀποκριθεὶς εἶπεν· οὐκ ἀπεστάλην εἰ μὴ εἰς τὰ πρόβατα τὰ ἀπολωλότα οἴκου Ἰσραήλ. ἡ δὲ ἐλθοῦσα προσεκύνησεν αὐτῷ λέγουσα· Κύριε, βοήθει μοι. ὁ δὲ ἀποκριθεὶς εἶπεν· οὐκ ἔστι καλὸν λαβεῖν τὸν ἄρτον τῶν τέκνων καὶ βαλεῖν τοῖς κυναρίοις. ἡ δὲ εἶπε· ναί, Κύριε· καὶ γὰρ τὰ κυνάρια ἐσθίει ἀπὸ τῶν ψυχίων τῶν πιπτόντων ἀπὸ τῆς τραπέζης τῶν κυρίων αὐτῶν. τότε ἀποκριθεὶς ὁ Ἰησοῦς εἶπεν αὐτῆ· ὧ γύναι, μεγάλη σου ἡ πίστις! γενηθήτω σοι ὡς θέλεις. καὶ ἰάθη ἡ θυγάτηρ αὐτῆς ἀπὸ τῆς ὥρας ἐκείνης.

<u>Upcoming Services</u> <u>Week of January 29th</u>

Sun., Jan. 29th

Orthros

Divine Liturgy

Wed. Feb. 1st—Entrance of Christ into the Temple

Orthros 5:30 p.m.

Div. Lit. 6:30 p.m.

Sat. Feb. 4th

No Great Vespers (Fr. Timothy out of town)

Today we Commemorate:

- Removal of the Relics of Ignatius the God-bearer
- Ignatius and Nicandrus of Sinai
- Laurence the Recluse of the Kiev Caves

Saint Ignatius was a disciple of Saint John the Theologian, and a successor of the Apostles, and he became the second Bishop of Antioch, after Evodus. He wrote many epistles to the faithful, strengthening them in their confession, and preserving for us the teachings of the holy Apostles. Brought to Rome under Trajan, he was surrendered to lions to be eaten, and so finished the course of martyrdom about the year 107. The remnants of his bones were carefully gathered by the faithful and brought to Antioch. He is called God-bearer, as one who bare God within himself and was aflame in heart with love for Him. Therefore, in his Epistle to the Romans (ch. 4), imploring their love not to attempt to deliver him from his longed-for martyrdom, he said, "I am the wheat of God, and am ground by the teeth of the wild beasts, that I may be found to be the pure bread of God."

Our Parish Family

If you are new to our parish, would like to become a member and begin receiving News & Updates, please contact our Church office: office@st-katherineaz.org or call 480-899-3330.

If you are visiting and/or inquiring about the Orthodox faith and are interested in learning more, please contact Fr. Timothy: frtimskchurch@gmail.com

REQUEST FOR BLESSING OF HOME OR BUSINESS

Please complete this form and return it to the Church Office or place it in the Narthex tray. You will be contacted by the Church office to schedule your house blessing based on the days and times best for you. When Fr. Timothy comes to bless your home, he will have what he needs, so it's not necessary to have a bowl of water or basil. It typically takes 10 - 15 minutes for the service. He will have many homes to bless, so he will only be able to be in your home for this amount of time. A blessed New Year!

Phone #:	Email:
Address:	

Please Circle the best day(s) and put an X for best time(s)

Mon. Tue. Wed. Fri. Sat.

Mornings (9 – 12 noon) _____ Afternoons (12 – 5) _____ Evenings (5 – 8) _____

St. Irene Philoptochos News

Name:



2023 Membership Drive – It's time to renew your membership! If you are not yet a member of Philoptochos, we invite you to join us in our philanthropic work! Membership applications are available in the Narthex.

2023 Wall Calendars, Pocket Calendars, & Daily Bible Reading Guides



Available at the candle stand

Wall Calendars - One per household please

Compliments of: Bueler Mortuary

14 W. Hulet Drive, Chandler, AZ 85224

480-963-6351

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Helpful Information:

Sunday Service Times: 8:15 a.m. Orthros, 9:30 a.m. Divine Liturgy

Sunday School: New meeting locations: Pre-K to 5th will be in the 4th acre, 6th-12th in the 5th acre.

Fellowship Hour: Sponsored by the Parish Council.

Dean Pappas Memorial Bookstore: Usually open after the dismissal of Liturgy.

Please make every effort to arrive for services a little early. If you happen to arrive late, please observe the following moments in the Divine Liturgy when you should not enter the Nave but wait quietly in the Narthex. You may enter after these moments:

- The Priest censing
- The Small Entrance
- The Great Entrance
- Epistle Reading

- Gospel Reading
- The Homily
- Consecration of the Gifts
- The Lord's Prayer

Confession Times:

- Saturdays from 5:30 6:00 p.m.
- During Great Vespers immediately following the Great Censing. Please wait in the front pews closest to the Bishop's Throne.
- By appointment (Please contact the church office)

Resources:

- *Sunday Homilies: https://stkatherineaz.org/homilies
- *For Orthros (Matins) Text visit: AGES Digital Chant Stand
- *Saints, Feasts, Epistle & Gospel readings: https://www.goarch.org/chapel/calendar

Please silence cell phones when in church.

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Prayer Requests (Prayers for the living will be retained on the list for 40 days.)

I Peter 4:7 Be serious and discipline yourselves in prayer. Cast all your anxiety on Him because He cares for you.

Living:

- Nina and her daughter Julia, health and healing
- Neil's grandparents, June and George, for heath
- Diana, for health and healing
- For all those in our congregation who are sick with various viruses
- For those affected by the severe weather across the nation
- Peace in Ukraine, and consolation for the suffering and bereaved
- For our Sunday School Teachers and Youth Workers
- For our Catechumens and Inquirers.
- For our parishioners serving in armed services: Scott Fagerberg.

For our Seminarians: Emmanuel (Manoli) Aspiotis & Nikolas Makarios, Andrew Moreno

Departed:

Basil Leussis

Journeys to Orthodoxy

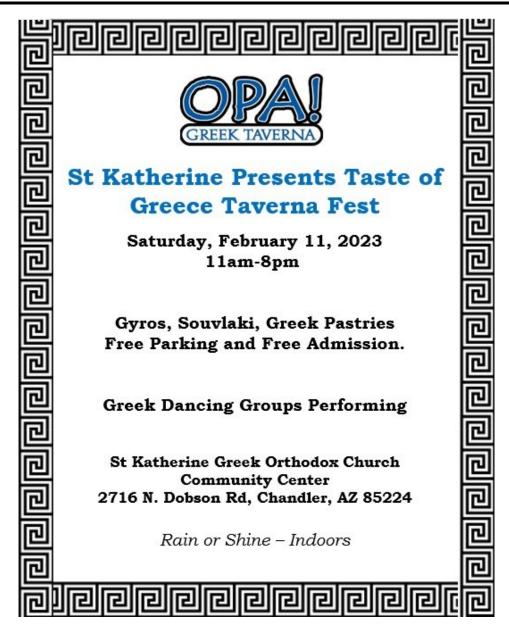
For those who have converted to Orthodoxy, I kindly request you share the account of your

personal journey to Orthodoxy (b/t 500 – 800 words). Please submit a recent picture of yourself along with your narrative. We will feature one convert's story a month in an individually sent out MailChimp to the parish for others in our community to benefit from the story of your journey. We will also have a category on our website titled "Journeys to Orthodox" under the "Our Faith" tab and post your story there as well. Hearing about one's journey is extremely beneficial to all, both to Orthodox Christians



(cradle and convert) as well as to those who are searching. If you would like to see some examples, please visit the following website, at St. John's, the parish I last served: http://stjohngoc.org/category/journeys-to-orthodoxy/

Once you have written a brief story of your journey please submit it to our church Administrator Marjie Thorpe at: office@st-katherine.org as well as to our webmaster, Jerry Vasilatos at: retiredjerry@cox.net



Everyone's help is needed to make this a successful event!

To volunteer go to:

https://www.signupgenius.com/go/70a0c49a9a92ca2f85-stkatherine#/ (Please note your availability in the "Comment" section.)

For more information see Glenn Thorpe or contact the church office.

Arizona Hellenic Foundation Presents

Apokries 2023



Saturday, February 25

Cash Bar 6 PM | Dinner at 7 PM

Greek Mardi Gras | Costumes Optional |

Live Music | Dance | 50/50 Raffle |

Best Costume Prizes for Male, Female and Child





TICKETS: Adults - \$85 | Age 12 and Under - \$20

Call Telis Evripidou at 480-332-6957

Proceeds benefit Arizona Hellenic Foundation's scholarship fund.



Mesa Country Club

660 W. Fairway Drive | Mesa, AZ 85201

Azhellenic.org



Arizona Hellenic Foundation

The Arizona Hellenic Foundation has several scholarships available for students of Hellenic descent. For further details and scholarship application please visit the Foundation's web site "Azhellenic.org".

Thank you,

Telis Evripidou President Arizona Hellenic



Welcome to Our Visitors



We welcome you with open arms and joy in our Lord and hope your experience at St. Katherine's is a blessing for you.

Only those who are Baptized and/or Chrismated in the Orthodox faith may receive Holy Communion. If you are not Orthodox, you may approach the Chalice for a blessing. To do this, come to the chalice and simply say, "a blessing please."

Orthodox Christians desiring to receive the Body of Blood of Christ must ensure proper preparation through confession (minimum 4 times a year), reconciliation in your heart with all, and observation of the fasting guidelines set forth by the Church.

If you have any questions please contact Fr. Timothy.

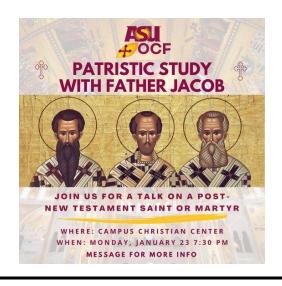
Young Adult News



Young Adult Lenten Retreat

March 10-11, 2023 St. Paisius Monastery Safford, AZ Register at:

https://assumptionaz.org/montrip



8 Dates Series Continues!



The Greek Orthodox Metropolis of San Francisco Family Wellness Ministry and the Office of Youth and Young Adult Ministries invites all married/engaged couples to participate in the upcoming Eight Dates Marriage program. This powerful relationship series presented for the third time is based on the book Eight Dates by Drs. John and Julie Gottman. Topics addressed including Conflict; Work and Money, Intimacy, Family, Spirituality, and much more. Any couple wanting to improve their communication and connection can benefit from this lively and evidence based program.

The last session is Feb. 9th at 6:30 pm

To register: http://

www.familywellnessministry.org/eight-

dates

Flower Ministry

The Flower Ministry at St. Katherine serves to beautify our Church throughout the year by decorating Icons for Major Feast days of



Christ and the Mother of God, The Feast day of St. Katherine, Great Lent, and Holy Week.

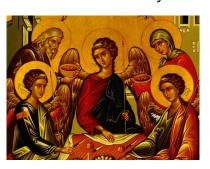
If you are interested in being a part of this ministry please contact Despina at: dlaloudakis@vahoo.com

Women's Ministry

The Women's Ministry meets on the 3rd Saturday, every other month for food, fellowship and fun.



Welcome Ministry



If you are interested in being a part of this ministry, please contact Yiota for more information:

<u>yiotasoublis@hotmail.com</u>

2023 Stewardship Cards Available Now!



Please be sure to pick up your 2023 Stewardship Commitment Card at the candle stand this morning and prayerfully consider your pledge for the upcoming year.

New Convenient Ways to Give!

Hover your phone camera over the QR code, which will take you to our website. From the menu, click on the Stewardship tab.

Digital payment platforms allow the church to accept stewardship, general or specific donations for any ministry. To ensure your donation is

allocated properly, please make a note in the memo indicating your wishes.



RECOMMENDED LEVELS OF GIVING

PERCENT OF INCOME	5%		8%		10%	
Annual Income	Annual Giving	Weekly	Annual Giving	Weekly	Annual Giving	Weekly
\$20.000	\$1,000	\$19.23	\$1,600	\$30.77	\$2,000	\$38.46
\$40,000	\$2,000	\$38.46	\$3,200	\$61.54	\$4,000	\$76.92
\$60,000	\$3,000	\$57.69	\$4,800	\$92.31	\$6,000	\$115.38
\$80,000	\$4,000	\$76.92	\$6,400	\$123.08	\$8,000	\$153.85
\$100,000	\$5,000	\$96.15	\$8,000	\$153.85	\$10,000	\$192.31
\$125,000	\$6,250	\$120.19	\$10,000	\$192.31	\$12,500	\$240.38
\$150,000	\$7,500	\$144.23	\$12,000	\$230.77	\$15,000	\$288.46
\$200,000	\$10,000	\$192.31	\$16,000	\$307.69	\$20,000	\$384.62



"For where your treasure is, there your heart will be also."

Matthew 6:21

Thank you for your commitment.