Saint Katherine Greek Orthodox Church



March 31st, 2024 Sunday of St. Gregory Palamas

Mission Statement

To Engage, Serve, and Enrich the lives of Orthodox Christians, through Word, Worship, and Outreach, and to Welcome all people to live the Orthodox Christian way of life.

Our Clergy:

Fr. Timothy Pavlatos, Proistamenos Fr. Philip Armstrong, Priest Emeritus Fr. Demetrios Kavouras, Priest Emeritus

Sunday Service Times: 8:15 a.m. Orthros, 9:30 a.m. Divine Liturgy

Contact Us:

480-899-3330 · office@st-katherine.org · www.stkatherineaz.org

Church Office Hours:

Tuesday-Thursday 9:30 a.m.-3:30 p.m. Closed 12:00-1:00 p.m. for lunch Fr. Timothy is off on Thursdays.

Metropolis of San Francisco / Greek Orthodox Archdiocese of America

Hymns at the Small Entrance

Resurrection Apolytikion

When You descended unto death, O Life Immortal, then You slayed Hades with the lightning of Your Divinity. And when You also raised the dead out of the netherworld, all the powers of the heavens were crying out: O Giver of life, Christ our God, glory be to You.

Ότε κατῆλθες πρὸς τὸν θάνατον, ἡ Ζωὴ ἡ ἀθάνατος, τότε τὸν ἄδην ἐνέκρωσας τῆ ἀστραπῆ τῆς Θεότητος, ὅτε δὲ καὶ τοὺς τεθνεῶτας ἐκ τῶν καταχθονίων ἀνέστησας, πᾶσαι αἱ Δυνάμεις τῶν έπουρανίων έκραύγαζον Ζωοδότα Χριστὲ ὁ Θεὸς ἡμῶν δόξα σοι.

Apolytikion of St. Gregory Palamas

Light of Orthodoxy, pillar and teacher of the Church, adornment of monastics, invincible champion of theologians, O Gregory thou wonderworker, boast of Thessalonica, herald of grace: ever pray that our souls be saved.

Όρθοδοξίας ὁ φωστήρ, Εκκλησίας τὸ στήριγμα καὶ διδάσκαλε, τῶν μοναστῶν ἡ καλλονὴ, τῶν θεολόγων υπέρμαχος άπροσμάχητος: Γρηγόριε θαυματουργέ Θεσσαλονίκης τὸ καύχημα κήρυξ τῆς χάριτος: ἰκέτευε διὰ παντός, σωθῆναι τὰς ψυχὰς ἡμῶν.

Apolytikion of St. Katherine

Let us sing the praise of the Bride of Christ renown, * the Patroness of Sinai, Katherine Divine. * Our assistance and protection, * for she has brilliantly subdued, * the impious refined, by the power of the Spirit. * She was crowned as a martyr of the Lord, * and for all, she entreats His great mercy.

Τὴν πανεύφημον νύμφην Χριστοῦ ὑμνήσωμεν, Αίκατερῖναν τὴν θείαν καὶ πολιοῦχον Σινᾶ, τὴν βοήθειαν ήμῶν καὶ ἀντίληψιν, ὅτι ἐφίμωσε λαμπρῶς, τοὺς κομψοὺς τῶν ἀσεβῶν, τοῦ Πνεύματος τῆ μαχαίρα, καὶ νῦν ὡς Μάρτυς στεφθεῖσα, αίτεῖται πᾶσι τὸ μέγα ἔλεος.

Kontakion

O Champion General, I your City now inscribe to you triumphant anthems as the tokens of my gratitude, being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, from all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride.

Τῆ ὑπερμάχω στρατηγῷ τὰ νικητήρια, Ως λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Αναγράφω σοι ἡ Πόλις σου Θεοτόκε. Αλλ' ως έχουσα τὸ κράτος άπροσμάχητον, Εκ παντοίων με κινδύνων έλευθέρωσον, Ινα κράζω σοι Χαῖρε νύμφη άνύμφευτε.

Epistle Reading: Hebrews 1:10-14; 2:1-3

IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?

Therefore we must pay closer attention to what we have heard, lest we drift away from it. For

if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

Πρὸς Ἑβραίους 1:10-14, 2:1-3

Κατ' άρχάς, Κύριε, τὴν γῆν έθεμελίωσας, καὶ ἔργα τῶν χειρῶν σού είσιν οὶ οὐρανοί· αὐτοὶ ἀπολοῦνται, σὰ δὲ διαμένεις· καὶ πάντες ὡς ἱμάτιον παλαιωθήσονται, καὶ ὡσεὶ περιβόλαιον ἐλίξεις αὐτοὺς, καὶ άλλαγήσονται· σὰ δὲ ὁ αὐτὸς εἶ, καὶ τὰ ἔτη σου οὐκ ἐκλείψουσιν. Πρὸς τίνα δὲ τῶν άγγέλων εἴρηκέν ποτε, Κάθου ἐκ δεξιῶν μου, ἔως ἀν θῶ τοὺς ἐχθρούς σου ὑποπόδιον τῶν ποδῶν σου; Οὐχὶ πάντες είσὶν λειτουργικὰ πνεύματα, είς διακονίαν ἀποστελλόμενα διὰ τοὺς μέλλοντας κληρονομεῖν σωτηρίαν; Διὰ τοῦτο δεῖ περισσοτέρως ἡμᾶς προσέχειν τοῖς ἀκουσθεῖσιν, μήποτε παραρρυῶμεν. Εί γὰρ ὁ δι' άγγέλων λαληθεὶς λόγος ἐγένετο βέβαιος, καὶ πᾶσα παράβασις καὶ παρακοὴ ἔλαβεν ἔνδικον μισθαποδοσίαν, πῶς ἡμεῖς ἐκφευξόμεθα τηλικαύτης ἀμελήσαντες σωτηρίας; Ητις, άρχὴν λαβοῦσα λαλεῖσθαι διὰ τοῦ κυρίου, ὑπὸ τῶν ἀκουσάντων είς ἡμᾶς ἐβεβαιώθη.

Gospel Reading: Mark 2:1-12

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins" -he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

Έκ τοῦ Κατὰ Μᾶρκον 2:1-12 Εύαγγελίου τὸ Άνάγνωσμα

Τῷ καιρῷ ἐκείνῳ, εἰσῆλθεν ὁ Ιησοῦς εἰς εἰς Καπερναοὺμ δι' ἡμερῶν καὶ ἡκούσθη ὅτι εἰς οἶκόν ἐστι. καὶ εὐθέως συνήχθησαν πολλοί, ὤστε μηκέτι χωρεῖν μηδὲ τὰ πρὸς τὴν θύραν καὶ ἐλάλει αὐτοῖς τὸν λόγον. καὶ ἔρχονται πρὸς αὐτὸν παραλυτικὸν φέροντες, αἰρόμενον ὑπὸ τεσσάρων καὶ μὴ δυνάμενοι προσεγγίσαι αὐτῷ διὰ τὸν ὅχλον, ἀπεστέγασαν τὴν στέγην ὅπου ἦν, καὶ ἐξορύξαντες χαλῶσι τὸν κράβαττον, έφ' ῷ ὁ παραλυτικὸς κατέκειτο. ἱδὼν δὲ ὁ Ἰησοῦς τὴν πίστιν αὐτῶν λέγει τῷ παραλυτικῷ τέκνον, ἀφέωνταί σοι αὶ ὰμαρτίαι σου. ἦσαν δέ τινες τῶν γραμματέων ἐκεῖ καθήμενοι καὶ διαλογιζόμενοι ἐν ταῖς καρδίαις αὐτῶν τί οὖτος οὕτω λαλεῖ βλασφημίας; τίς δύναται ἀφιέναι ὰμαρτίας εἰ μὴ εἶς ὁ Θεός; καὶ εὐθέως ἑπιγνοὺς ὁ Ἰησοῦς τῷ πνεύματι αὐτοῦ ὅτι οὕτως αὐτοὶ διαλογίζονται ἐν ὲαυτοῖς, εἶπεν αὐτοῖς τί ταῦτα διαλογίζεσθε ἐν ταῖς καρδίαις ὑμῶν; τί έστιν εὐκοπώτερον, είπεῖν τῷ παραλυτικῷ, ἀφέωνταί σου αὶ ὰμαρτίαι, ἢ είπεῖν, ἔγειρε καὶ ἆρον τὸν κράβαττόν σου καὶ περιπάτει; ἴνα δὲ είδῆτε ὅτι έξουσίαν ἔχει ὁ υὶὸς τοῦ ἀνθρώπου ἀφιέναι ἐπὶ τῆς γῆς ὰμαρτίας - λέγει τῷ παραλυτικῷ σοὶ λέγω, ἔγειρε καὶ ἆρον τὸν κράβαττόν σου καὶ ὑπαγε εἰς τὸν οἶκόν σου. καὶ ἡγέρθη εὐθέως, καὶ ἄρας τὸν κράβαττον ἐξῆλθεν ἐναντίον πάντων, ὤστε ἑξίστασθαι πάντας καὶ δοξάζειν τὸν Θεὸν λέγοντας ὅτι οὐδέποτε οὕτως εἴδομεν.

Today we commemorate:

- The Holy Hieromartyr Hypatius, Bishop of Gangra
- Theophilos the Martyr and those with him
- Innocent, Enlightener of Siberia & Alaska

The Holy Hieromartyr Hypatius, Bishop of Gangra-This Saint, who was from Cilicia of Asia Minor, became Bishop of Gangra, the capital of Paphlagonia. He was present at the First Ecumenical Council. Because of his confession of the Orthodox Faith, he was put to death by the Novatians, a sect which denied that sins committed after Baptism could be forgiven.

Service Schedule-Week of March 31st

Sunday, March 31st-Sunday of St. Gregory Palamas

- Memorial Service: Tom Morden- 40 days .
- 6:00 p.m. Great Vespers at St. John the Baptist Romanian Orthodox Church

Monday, April 1st

6:00 p.m. Great Compline (Fr. Timothy will offer a short teaching immediately after Great Compline)

Wednesday, April 3rd

6:00 p.m. Presanctified Liturgy

Friday, April 5th

8:00 a.m. Presanctified Liturgy 6:00 p.m. Third Salutations Service

Saturday, April 6th

6:00 p.m. Great Vespers & Pre-Communion Prayers

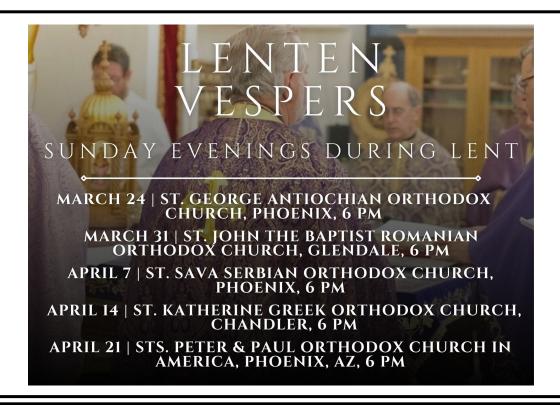
On the following Mondays in Lent, Fr. Timothy will be offering a short teaching, in the church, immediately after the Great Compline service: April 1st, 8th, 15th, 22nd

Our Parish Family

If you are new to our parish and would like to become a member, please contact our Church office: office@st-katherineaz.org or call 480-899-3330.

To subscribe to our newsletter please visit: https://stkatherineaz.org/

If you are visiting and/or inquiring about the Orthodox faith and are interested in learning more, please contact Fr. Timothy: frtimskchurch@gmail.com



Catechumen Meeting Today

Our 4th Catechumen Meeting will take place today, right after the dismissal of Divine Liturgy. We will meet in the balcony of the Church. When you exit the main part of the church, the stairs will be through the door on your left.

Welcome to Our Visitors

We welcome you with open arms and joy in our Lord , we hope your experience at St. Katherine's is a blessing for you.

Only those who are Baptized and/or Chrismated in the Orthodox faith may receive Holy Communion. Orthodox Christians desiring to receive the Body of Blood of Christ



must ensure proper preparation through confession (minimum 4 times a year), reconciliation in your heart with all, and observation of the fasting guidelines set forth by the Church. If you are not Orthodox, you may approach the Chalice for a blessing. To do this, come to the chalice and simply say, "a blessing please."

If you have any questions please contact Fr. Timothy: frtimskchurch@gmail.com

Helpful Information:

Sunday School: Sunday School meets after Communion. Grades Pre-K through 8th grade meet in the 4th acre house. Grades 9-12 meet in the conference room up in the choir loft.

Fellowship Hour: Fellowship Hour is being sponsored by the Parish Council.

Dean Pappas Memorial Bookstore: Open on Sundays, after Divine Liturgy.

Hrisi Parea Seniors: Meets on the 3rd Thursday of each month, locations vary.

Please make every effort to arrive for services a little early.

If you arrive late, it is important to observe the following moments in the Divine Liturgy when you should not enter the Nave but wait quietly in the Narthex:

- 1. During the Small Entrance
- 2. During the Epistle Reading
- 3. During the Gospel Reading
- 4. During the Homily
- 5. When the Priest is censing just before the Great Entrance
- 6. During the Great Entrance
- 7. From the Creed until after the Consecration of the Gifts
- 8. During the Lord's Prayer

A Parish Council member will gladly assist if you have any question about the appropriate times to enter the Nave.

Confession Times:

- Saturdays from 5:30 6:00 p.m.
- During Great Vespers immediately following the Great Censing. Please wait in the front pews closest to the Bishop's Throne.
- By appointment (Please contact the church office)

Resources:

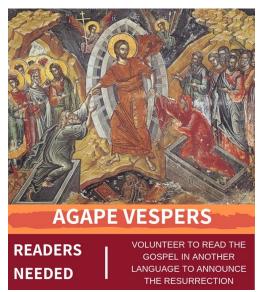
- *Complete Church Calendar: https://stkatherineaz.org/parish-calendar
- *Sunday Homilies: https://stkatherineaz.org/homilies
- *For Orthros (Matins) Text visit: AGES Digital Chant Stand
- *Saints, Feasts, Epistle & Gospel readings: https://www.goarch.org/chapel/calendar
- *Livestream on YouTube: https://www.youtube.com/
- @stkatherinegreekorthodoxch8030/streams

Please silence cell phones when in church.

Agape Vespers Service-Readers Needed

We are looking for volunteers to read the Resurrectional Gospel reading during the Agape Vespers service on Great and Holy Pascha, Sunday, May 5th. If you can read another language and are able to attend the service please contact the church office or sign up on the form at the candle stand. Do you need a little help with pronunciation as you practice, or are you interested in hearing the gospel in other languages? Click here for an audio recording resource.

During the Agape Vespers it is the tradition of the Church to read the Gospel reading (John 20:19-25) in multiple languages. The significance of this practice is two fold:



- 1) It is a reflection and response to the Great Commission which Christ gave to his Apostles following His resurrection from the dead. Following His resurrection He gathered His disciples on the mount in Galilee and said, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age" (Matt. 28:18–19).
- 2) Our proclamation of the Gospel is also a reflection of the restoration of Man and God's creation as the events at the Tower of Babel are reversed (Genesis 11:1-9). Humanity, once divided, is now restored through Christ.

Καλή Ανάσταση!

Arizona Hellenic Foundation Scholarships

The Arizona Hellenic Foundation has several scholarships available for eligible students.

For eligibility requirements and scholarship application please visit the foundation's website: www.Azhellenic.org Applications are due by April 1, 2024.

Orthodox Film Viewing-April 20th

Please join us on **April 20th at 6:30 pm at Pollack Cinema**

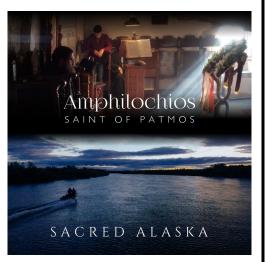
1825 East Elliot Road Tempe, AZ 85284

for a viewing of

"Sacred Alaska" and "Amphilochios Saint of Patmos."

To purchase tickets click here:

Sacred Alaska and Amphilochios Saint of Patmos



St. Irene Philoptochos Camp Scholarships

Philoptochos is offering "camperships" to families of St. Katherine youth to assist them in participating in the vital ministry.

Camp dates are May 26 thru June 1. The cost is \$600 per camper. Regular registration closes on April 30.

To apply for assistance, fill out the information below and place in the white collection box by the candle stand, turn into the church office, or speak to Linda Blazev.

If you would like to donate funds to assist more St. Katherine youth to attend you may do so by donating funds to Philoptochos with memo line "All Saints Camp Fund".

Once we know how many families are requesting aid and how much money we have to distribute, we will notify parents of the amount Philoptochos can award for each "Campership".

DEADLINE TO APPLY: Wednesday April 17.

Parents will be notified of amount of assistance they will receive by April 24. (Registration for camp closes April 30)

Application:

Parents name:

Parents email:

Parents phone number:

Number of campers from this family:

Please include all the names and age of each camper.

Camper Name:

Camper Age:







WHAT IS THE ARIS FOUNDATION?

SINCE 2016, THE ARIS FOUNDATION HAS SUPPORTED THOUSANDS OF HOMELESS INDIVIDUALS IN TEMPE AND THE SURROUNDING AREAS. THEY HAVE HOUSED NEARLY 300 PEOPLE AND HELPED THEM IN THEIR JOURNEY AWAY FROM HOMELESSNESS. JOIN THEM EVERY TUESDAY AT 4:00 PM AT MOUNTAIN PARK HEALTH CENTER (840 E. BROADWAY ROAD, TEMPE, AZ).

WHAT IS LIVING ORTHODOX?

LIVING ORTHODOX IS A NATIONAL, PAN-ORTHODOX MINISTRY THAT IS BUILDING A COMMUNITY OF YOUNG ADULTS (I8-30S) WHO ARE STRIVING TO GROW IN AND CONNECT WITH THEIR FAITH THROUGH REGULAR EVENTS, DISCUSSIONS, AND SERVICE PROJECTS.

HOW CAN I DONATE FUNDS DIRECTLY?

BY USING THE QR CODE PROVIDED BELOW, YOU CAN DIRECTLY DONATE FUNDS TO OUR GOAL OF RAISING \$5,000 BY MARCH 30! ALL DONATIONS WILL GO TOWARDS SUPPORTING THE ARIS FOUNDATION.



Valley-Wide Lenten Youth Retreat-April 6th



Paper Shredding-April 6th



Prayer Requests

(Prayers for the living will be retained on the list for 40 days.)

I Peter 4:7 Be serious and discipline yourselves in prayer. Cast all your anxiety on Him because He cares for you.

Living:

- · Nektarios, for health and healing
- Nikolaos D, for help with difficulties
- Leo C., for post-surgery healing
- Christopher, for healing and to bring glory to God
- Anna Pantelopoulos, for health and healing
- Kathy Sky, for health and healing
- Martha C., for relief from suffering
- Ioanna, for health and healing
- Randy Aubrey, for health
- Ann Trikas, for health
- Patsy Morden, bereavement
- For our Parish Council
- For our Sunday School teachers and students
- For our catechumens and inquirers
- Peace in the Holy Land and in Ukraine
- For those impacted by wars, earthquakes, fires, and floods around the world
- For Fr. Nicholas, the staff, and boys at St. Innocent Orphanage
- For our seminarians: Nikolas Makarios and Andrew Moreno

Departed:

Andy Hatupis +



Book Signing

Fr. Basil has written a book and is having a book signing at Barnes and Noble at San Tan Mall on Friday, April 5th from 5-9 p.m. The title of the book is:

"Every Life Tells a Story: An Anthology; and Church Ministries on a Shoestring Budget."

OPA! Celebrate Greek

Heritage Night at Chase Field.

Friday, May 24th game vs. the Miami Marlins

and a limited-edition Greek Heritage ball cap.

AHEPA 454 Brothers, Friends & Family will be attending to support our Arizona Greek Community.

Many AHEPA 454 will purchase tickets in section 133, rows 22 to 24.

Click on the link below and purchase your tickets soon so we can all sit together.

Click Here to Purchase Ticket

Greek Heritage Celebration

Friday, May 24, 2024



OPAI The Arizona Diamondbacks are excited to invite YOU to our annual Greek Heritage Celebration at Chase Field on Friday, May 24. Your Special Event package includes a ticket to the Friday, May 24 game vs. the Miami Marlins (first pitch at 6:40PM) and a limited-edition Greek Heritage hat.

There is LIMITED AVALIABILTY for the hat, so buy your tickets NOW!

Please contact Tatum Barstad for groups of 10+ or with any questions:

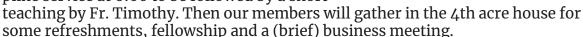


St. Irene Philoptochos

General Meeting

April Meeting for St. Irene Philoptochos will be Monday April 1.

We are asking our members to attend the Compline service at 6:00 to be followed by a short



We look forward to having you join us. We welcome new members and visitors!

Holiday Basket Donations

Help us fill the Easter Dinner Basket!

Philoptochos is collecting money to provide special holiday meals for families in our parish who can use a helping hand.

To donate look for the display in the community center during Fellowship Hour or speak to any Philoptochos Board member.





2024 Stewardship Update

To date we have 136 families who have pledged \$331,871 toward our 2024 stewardship goal of \$396,000.



Light a Virtual Candle

"I am the light of the world; he who follows me will not walk in darkness but will have the light of life. (John 8:12)



At times it may not be possible to physically go to church and light a candle, so we offer this option for those who would like to make an offering of prayer and faith by lighting a virtual candle.

https://stkatherineaz.org/light-a-candle

New Convenient Ways to Give!

Hover your phone camera over the QR code, which will take you to our website. From the menu, click on the Stewardship tab.

Digital payment platforms allow the church to accept stewardship, general or specific donations for any ministry. To ensure your donation is properly allocated, please make a

note in the memo indicating your wishes.



RECOMMENDED LEVELS OF GIVING

PERCENT OF INCOME	5%		8%		10%	
Annual Income	Annual Giving	Weekly	Annual Giving	Weekly	Annual Giving	Weekly
\$20.000	\$1,000	\$19.23	\$1,600	\$30.77	\$2,000	\$38.46
\$40,000	\$2,000	\$38.46	\$3,200	\$61.54	\$4,000	\$76.92
\$60,000	\$3,000	\$57.69	\$4,800	\$92.31	\$6,000	\$115.38
\$80,000	\$4,000	\$76.92	\$6,400	\$123.08	\$8,000	\$153.85
\$100,000	\$5,000	\$96.15	\$8,000	\$153.85	\$10,000	\$192.31
\$125,000	\$6,250	\$120.19	\$10,000	\$192.31	\$12,500	\$240.38
\$150,000	\$7,500	\$144.23	\$12,000	\$230.77	\$15,000	\$288.46
\$200,000	\$10,000	\$192.31	\$16,000	\$307.69	\$20,000	\$384.62



"For where your treasure is, there your heart will be also."

Matthew 6:21